

# Shengqi Hummer Instruction Manual

Architects of Buddhist Leisure  
The Labour of Leisure  
Automobiles of America  
Everyday Modernity in China (Studies in Modernity and National Identity; A China Program Book)  
Drug Delivery Strategies for Poorly Water-Soluble Drugs  
Physicochemical Principles of Pharmacy  
Leisure in Urban Africa  
The Government Next Door  
Leisure and Power in Urban China  
China's Governmentalities  
Novel Delivery Systems for Transdermal and Intradermal Drug Delivery  
Your Travel Guide to Ancient Rome  
The Literature of Leisure and Chinese Modernity  
Conrad in Germany  
Hot-Melt Extrusion  
Leisure Theory  
The Multiplex in India  
An Enquiry Into the Causes of the Late Increase of Robbers, & C., with Some Proposals for Remedying this Growing Evil  
Dowsing Manual  
Treatment of Type 2 Diabetes  
Shanghai Love  
Handbook of Machine Foundations  
Apple Pro Training Series  
Tourism and National Parks  
VW Passat (96-00) Service and Repair Manual  
Computational Pharmaceutics  
Testing the Margins of Leisure  
Holy Leisure  
Top Ski Resorts of the World  
Intrinsically Disordered Proteins  
Recreation in the Renaissance  
Pulmonary Drug Delivery  
Handbook of Rocks, Minerals, and Gemstones  
Bed in a Tree  
Leisure, Women, and Gender  
The Chinese City  
I've Been a Naughty Girl  
The World's Greatest Hotels, Resorts + Spas  
Making Cultural Cities in Asia  
A Handbook of Leisure Studies

## Architects of Buddhist Leisure

Broadcast editors work with deadlines that are the most demanding in the field. To help you meet those deadlines and learn to use Final Cut Pro at the same time, this easy look-up guide focuses on the essential features that you need to get your stories done quickly without sacrificing quality. For editing everything from voiceovers to sports and news packages, you'll get tips for efficient setup, customization, and trimming techniques. You'll learn the best methods for making audio adjustments, how to use common transitions and effects, splice in fat and tight bites, cover narration with B-Roll, and prepare a story for delivery. "No one teaches cutting edge technology better than Joe Torelli. Read his book. In clear, simple terms, he'll show you things you might miss that will make you a better storyteller." —Bob Dotson, Emmy Award-winning NBC News correspondent "As the first person to use an Avid digital nonlinear editing system in a broadcast environment, who better than Joseph Torelli to write the definitive book on fast story editing under tremendous deadline pressures than this veteran broadcast videographer-editor." —Tom Ohanian, Academy Award and two-time Emmy Award recipient and Co-Inventor, Avid Media, Film, Multicamera Systems

## The Labour of Leisure

A unique, international resource for Leisure Studies: in one volume the history, organization and central debates in the field of Leisure Studies are defined, providing a one-stop-shop for students and an agenda for future debate and research academics.

## Automobiles of America

What happens when a college freshman goes from virgin to vixen? When a delay at the airport turns delicious as a lady in uniform takes over? When a late night shower leads to the satisfaction of an old school crush? When people stop playing nice and start getting naughty? Because when desire takes over when seduction is the only way in or out when lovers, ex-lovers, and wanna-be lovers are all fair game the only way to be is naughty. So go ahead -- plunge yourself into this hotbed of passions, intimacies, and arousing interludes.

## **Everyday Modernity in China (Studies in Modernity and National Identity; A China Program Book)**

This volume offers eight studies on different historical and present-day aspects of leisure in Asia. It critically engages with the predominant Eurocentric focus of leisure studies, bringing into the discussion a number of crucial issues such as the role of leisure as a transcultural contact zone. The volume engages with a field that has been rapidly growing due to the heightened role of leisure activities in defining a person's identity, the fading of the work/leisure divide in the post-industrial age, and the increasing economic importance of leisure pursuits such as tourism. Bringing Asia into the discussion contributes in resetting the study of leisure into a truly global context. Abstract in other languages This work was published by Saint Philip Street Press pursuant to a Creative Commons license permitting commercial use. All rights not granted by the work's license are retained by the author or authors.

## **Drug Delivery Strategies for Poorly Water-Soluble Drugs**

Offering readers the most complete and authoritative critical introduction to Leisure Theory and written by one of the major figures in the field, the book provides an exciting and reliable guide to leisure forms, leisure practice and the representation of leisure. It demonstrates how power relations influence leisure choices and introduces students to the primary functions and regulative mechanisms of leisure, providing a thought provoking account of the central problems confronting students of leisure today. Written with the needs of students at both undergraduate and postgraduate levels in mind, the book will quickly be recognized as the bible for Leisure Theory.

## **Physicochemical Principles of Pharmacy**

A fascinating interdisciplinary study of the Shanghai entertainment world with illustrations from newspapers, novels, travel guides, and other relics of popular culture.

## **Leisure in Urban Africa**

Drug therapy via inhalation route is at the cutting edge of modern drug delivery research. There has been significant progress on the understanding of drug therapy via inhalation products. However, there are still problems associated with their formulation design, including the interaction between the active pharmaceutical ingredient(s) (APIs), excipients and devices. This book seeks to

cover some of the most pertinent issues and challenges of such formulation design associated with industrial production and desirable clinical outcome. The chapter topics have been selected with a view to integrating the factors that require consideration in the selection and design of device and formulation components which impact upon patient usability and clinical effectiveness. The challenges involved with the delivery of macromolecules by inhalation to both adult and pediatric patients are also covered. Written by leading international experts from both academia and industry, the book will help readers (formulation design scientists, researchers and post-graduate and specialized undergraduate students) develop a deep understanding of key aspects of inhalation formulations as well as detail ongoing challenges and advances associated with their development.

## **The Government Next Door**

Leisure, Women, and Gender is part of an ongoing examination that explores and elaborates issues of leisure for girls and women. The book is both an update of *A Leisure of One's Own: A Feminist Perspective on Women's Leisure* (1989) and *Both Gains and Gaps: Feminist Perspectives on Women's Leisure* (1996) and a departure from these earlier works, in its process and structure. Specifically, in this volume, rather than writing about the research that others are doing, we invited some of those researchers to talk about how they came to study leisure, women, and gender; what they have learned from their research; and to reflect on directions for future research. Hence, organizationally and structurally it falls in the "middle ground" between a co-authored and an edited book: it mixes writing by the book's editors with the voices of invited scholars, who contribute central and additional perspectives regarding the topics.

## **Leisure and Power in Urban China**

Leisure has always been associated with freedom, choice and flexibility. The weekend and vacations were celebrated as 'time off'. In his compelling new book, Chris Rojek turns this shibboleth on its head to demonstrate how leisure has become a form of labour. Modern men and women are required to be competent, relevant and credible, not only in the work place but with their mates, children, parents and communities. The requisite empathy for others, socially acceptable values and correct forms of self-presentation demand work. Much of this work is concentrated in non-work activity, compromising traditional connections between leisure and freedom. Ranging widely from an analysis of the inflated aspirations of the leisure society thesis to the culture of deception that permeates leisure choice, Rojek shows how leisure is inextricably linked to emotional labour and intelligence. It is now a school for life. In challenging the orthodox understandings of freedom and free time, *The Labour of Leisure* sets out an indispensable new approach to the meaning of leisure. Chris Rojek is Professor of Sociology and Culture at Brunel University. In 2003 he was awarded the Allen V. Sabora Award for outstanding achievement in the field of leisure studies.

## **China's Governmentalities**

*Leisure and Power in Urban China* is the first comprehensive study of leisure

activities in a medium size Chinese city. Hitherto, studies of Chinese leisure have focused on holidays, festivals and tourism. This, however, is a study of the kinds of leisure that take place on regular workdays in a local environment of Quanzhou city. In doing so, Leisure and Power introduces leisure studies to China studies, and data from China to the field of Leisure studies. Based on interviews with people from all walks of life and case studies from bookshops, internet bars, Karaoke parlours, streets and public squares, Rolandsen brings to attention the importance of fun and socializing in the lives of Chinese urbanites. Central to the study is the contrast between popular practices and official discourse. Rolandsen provides in-depth analyses of the moralist "PRC leisure ethic" so characteristic of official Chinese publications and news media. Using examples from everyday life as a contrast, this study demonstrates that official propaganda has but little influence on how Chinese individuals lead their lives. Taking leisure as a point of departure, this book describes the new kinds of interaction between the local party-state and the population it seeks to govern. This book will be of interest to students and scholars of Chinese Studies, Leisure Studies, Urban Studies and Asian Studies in general.

## **Novel Delivery Systems for Transdermal and Intradermal Drug Delivery**

This 6th edition of the established textbook covers every aspect of drug properties from the design of dosage forms to their delivery by all routes to sites of action in the body.

## **Your Travel Guide to Ancient Rome**

## **The Literature of Leisure and Chinese Modernity**

Holy Leisure is a significant historical and contemporary exploration of how the rise of free time - and our consequent rush to the beach - went hand in hand with America's need to escape the secular world of work through leisure and religious renewal.

## **Conrad in Germany**

Takes readers on a journey back in time in order to experience life in ancient Rome, describing clothing, accommodations, foods, local customs, transportation, and notable personalities.

## **Hot-Melt Extrusion**

Since the Chinese Communist Party (CCP) embarked on a programme of 'reform and openness' in the late 1970s, Chinese society has undergone a series of dramatic transformations in almost all realms of social, cultural, economic and political life and the People's Republic of China (PRC) has emerged as a global power. China's post-1978 transition from 'socialist plan' to 'market socialism' has also been accompanied by significant shifts in how the practice and objects of

government are understood and acted upon. China's Governmentalities outlines the nature of these shifts, and contributes to emerging studies of governmentality in non-western and non-liberal settings, by showing how neoliberal discourses on governance, development, education, the environment, community, religion, and sexual health, have been raised in other contexts. In doing so, it opens discussions of governmentality to 'other worlds' and the glocal politics of the present. The book will appeal to scholars from a wide range of disciplines interested in the work of Michel Foucault, neo-liberal strategies of governance, and governmental rationalities in contemporary China.

## **Leisure Theory**

Imperfect designing of machine foundations based on empirical formulations has led to the problem of troublesome vibrations in the existing foundations. Recent developments in the field of structural and soil dynamics have helped establish basic design principles for various types of machine foundations. In order to achieve efficiency and economy in the design, it is imperative that the designer have an in depth knowledge of various aspects of analysis, design and construction of machine foundations

## **The Multiplex in India**

### **An Enquiry Into the Causes of the Late Increase of Robbers, & C., with Some Proposals for Remedying this Growing Evil**

Bringing together often unconnected modes of analysis, research and debate on leisure in African studies, an interdisciplinary team of scholars reflects on the complex conceptions, creation and consumption of leisure in African cities from the nineteenth century to the present, drawing intriguing comparisons with leisure studies in Western Europe and North America. Covering leisure activities from football to music and dance to films and television in cities from Cairo to Cape Town, this book opens a new chapter in African cultural studies.

## **Dowsing Manual**

Chinese residential communities are places of intense governing and an arena of active political engagement between state and society. In *The Government Next Door*, Luigi Tomba investigates how the goals of a government consolidated in a distant authority materialize in citizens' everyday lives. Chinese neighborhoods reveal much about the changing nature of governing practices in the country. Government action is driven by the need to preserve social and political stability, but such priorities must adapt to the progressive privatization of urban residential space and an increasingly complex set of societal forces. Tomba's vivid ethnographic accounts of neighborhood life and politics in Beijing, Shenyang, and Chengdu depict how such local "translation" of government priorities takes place. Tomba reveals how different clusters of residential space are governed more or less intensely depending on the residents' social status; how disgruntled communities with high unemployment are still managed with the pastoral

strategies typical of the socialist tradition, while high-income neighbors are allowed greater autonomy in exchange for a greater concern for social order. Conflicts are contained by the gated structures of the neighborhoods to prevent systemic challenges to the government, and middle-class lifestyles have become exemplars of a new, responsible form of citizenship. At times of conflict and in daily interactions, the penetration of the state discourse about social stability becomes clear.

## **Treatment of Type 2 Diabetes**

Hot-melt extrusion (HME) - melting a substance and forcing it through an orifice under controlled conditions to form a new material - is an emerging processing technology in the pharmaceutical industry for the preparation of various dosage forms and drug delivery systems, for example granules and sustained release tablets. *Hot-Melt Extrusion: Pharmaceutical Applications* covers the main instrumentation, operation principles and theoretical background of HME. It then focuses on HME drug delivery systems, dosage forms and clinical studies (including pharmacokinetics and bioavailability) of HME products. Finally, the book includes some recent and novel HME applications, scale-up considerations and regulatory issues. Topics covered include: principles and the design of single screw extrusion twin screw extrusion techniques and practices in the laboratory and on production scale HME developments for the pharmaceutical industry solubility parameters for prediction of drug/polymer miscibility in HME formulations the influence of plasticizers in HME applications of polymethacrylate polymers in HME HME of ethylcellulose, hypromellose, and polyethylene oxide bioadhesion properties of polymeric films produced by HME taste masking using HME clinical studies, bioavailability and pharmacokinetics of HME products injection moulding and HME processing for pharmaceutical materials laminar dispersive & distributive mixing with dissolution and applications to HME technological considerations related to scale-up of HME processes devices and implant systems by HME an FDA perspective on HME product and process understanding improved process understanding and control of an HME process with near-infrared spectroscopy *Hot-Melt Extrusion: Pharmaceutical Applications* is an essential multidisciplinary guide to the emerging pharmaceutical uses of this processing technology for researchers in academia and industry working in drug formulation and delivery, pharmaceutical engineering and processing, and polymers and materials science. This is the first book from our brand new series *Advances in Pharmaceutical Technology*. Find out more about the series here.

## **Shanghai Love**

A showcase of the 40 most outstanding skiing areas on four continents by an author who has famously 'skied the world', this book is both inspiration and resource for the ski trip of a lifetime.

## **Handbook of Machine Foundations**

A comprehensive collection of 20th century research on Joseph Conrad, this volume outlines the shift from a humanist and anthropological interest in Conrad

as a 'metaphysical' author to the appreciation of Conrad as a nihilist and skeptic of the modernist epoch.

## **Apple Pro Training Series**

Many newly proposed drugs suffer from poor water solubility, thus presenting major hurdles in the design of suitable formulations for administration to patients. Consequently, the development of techniques and materials to overcome these hurdles is a major area of research in pharmaceutical companies. Drug Delivery Strategies for Poorly Water-Soluble Drugs provides a comprehensive overview of currently used formulation strategies for hydrophobic drugs, including liposome formulation, cyclodextrin drug carriers, solid lipid nanoparticles, polymeric drug encapsulation delivery systems, self-microemulsifying drug delivery systems, nanocrystals, hydrosol colloidal dispersions, microemulsions, solid dispersions, cosolvent use, dendrimers, polymer-drug conjugates, polymeric micelles, and mesoporous silica nanoparticles. For each approach the book discusses the main instrumentation, operation principles and theoretical background, with a focus on critical formulation features and clinical studies. Finally, the book includes some recent and novel applications, scale-up considerations and regulatory issues. Drug Delivery Strategies for Poorly Water-Soluble Drugs is an essential multidisciplinary guide to this important area of drug formulation for researchers in industry and academia working in drug delivery, polymers and biomaterials.

## **Tourism and National Parks**

Essays address expressions of modernity in relation to non-Western politics and national cultures. Topics range from the installation of gas streetlights in Shanghai to urban planning efforts aimed at improving daily routines of work and leisure.

## **VW Passat (96-00) Service and Repair Manual**

Bed in a Tree offers a handpicked selection of 27 weird and extraordinary hotels from around the world each offering an unforgettable and original place to stay. Hotels include the Ice Hotel in Sweden, an actual bed in a tree in South Africa, an aeroplane in New Zealand, a snooze in a suitcase in Germany and even a night in a stone pineapple in Scotland! The guide is written by Bettina Kowalewski, a travel writer and photographer as well as a television producer and director, who has developed a passion for seeking out the most unusual hotels from around the world and discovering the astonishing stories behind their creation. You'll find practical advice on getting to each hotel as well as three interesting and often unusual activities to do nearby. The guide features venues for a memorable forty winks for all budgets and levels of luxury with a 10% discount at many of the selected hotels. Bed in a Tree is the perfect gift for anyone looking for a unique travel experience.

## **Computational Pharmaceutics**

This book examines the vast and largely uncharted world of cultural/creative city-making in Asia. It explores the establishment of policy models and practices

against the backdrop of a globalizing world, and considers the dynamic relationship between powerful actors and resources that impact Asian cities. *Making Cultural Cities in Asia* approaches this dynamic process through the lens of assemblage: how the policy models of cultural/creative cities have been extracted from the flow of ideas, and how re-invented versions have been assembled, territorialized, and exported. This approach reveals a spectrum between globally circulating ideals on the one hand, and the place-based contexts and contingencies on the other. At one end of the spectrum, this book features chapters on policy mobility, in particular the political construction of the "web" of communication and the restructuring or rescaling of the state. At the other end, chapters examine the increasingly fragmented social forces, their changing roles in the process, and their negotiations, alignments, and resistances. This book will be of interest to researchers and policy-makers concerned with cultural and urban studies, creative industries and Asian studies.

## **Testing the Margins of Leisure**

A great hotel can set the tone for an entire journey. As part of its editorial mission - to inspire readers to explore the world and to equip them with advice they can trust - *Travel + Leisure* highlights the newest and best places to stay around the globe, previewing the most exciting discoveries.

## **Holy Leisure**

Molecular modeling techniques have been widely used in drug discovery fields for rational drug design and compound screening. Now these techniques are used to model or mimic the behavior of molecules, and help us study formulation at the molecular level. Computational pharmaceuticals enables us to understand the mechanism of drug delivery, and to develop new drug delivery systems. The book discusses the modeling of different drug delivery systems, including cyclodextrins, solid dispersions, polymorphism prediction, dendrimer-based delivery systems, surfactant-based micelle, polymeric drug delivery systems, liposome, protein/peptide formulations, non-viral gene delivery systems, drug-protein binding, silica nanoparticles, carbon nanotube-based drug delivery systems, diamond nanoparticles and layered double hydroxides (LDHs) drug delivery systems. Although there are a number of existing books about rational drug design with molecular modeling techniques, these techniques still look mysterious and daunting for pharmaceutical scientists. This book fills the gap between pharmaceuticals and molecular modeling, and presents a systematic and overall introduction to computational pharmaceuticals. It covers all introductory, advanced and specialist levels. It provides a totally different perspective to pharmaceutical scientists, and will greatly facilitate the development of pharmaceuticals. It also helps computational chemists to look for the important questions in the drug delivery field. This book is included in the *Advances in Pharmaceutical Technology* book series.

## **Top Ski Resorts of the World**

Buddhism, often described as an austere religion that condemns desire, promotes

denial, and idealizes the contemplative life, actually has a thriving leisure culture in Asia. Creative religious improvisations designed by Buddhists have been produced both within and outside of monasteries across the region—in Nepal, Japan, Korea, Macau, Hong Kong, Singapore, Laos, Thailand, and Vietnam. Justin McDaniel looks at the growth of Asia's culture of Buddhist leisure—what he calls “socially disengaged Buddhism”—through a study of architects responsible for monuments, museums, amusement parks, and other sites. In conversation with noted theorists of material and visual culture and anthropologists of art, McDaniel argues that such sites highlight the importance of public, leisure, and spectacle culture from a Buddhist perspective and illustrate how “secular” and “religious,” “public” and “private,” are in many ways false binaries. Moreover, places like Lek Wiriaphan's Sanctuary of Truth in Thailand, Suối Tiên Amusement Park in Saigon, and Shi Fa Zhao's multilevel museum/ritual space/tea house in Singapore reflect a growing Buddhist ecumenism built through repetitive affective encounters instead of didactic sermons and sectarian developments. They present different Buddhist traditions, images, and aesthetic expressions as united but not uniform, collected but not concise: Together they form a gathering, not a movement. Despite the ingenuity of lay and ordained visionaries like Wiriaphan and Zhao and their colleagues Kenzo Tange, Chan-soo Park, Tadao Ando, and others discussed in this book, creators of Buddhist leisure sites often face problems along the way. Parks and museums are complex adaptive systems that are changed and influenced by budgets, available materials, local and global economic conditions, and visitors. Architects must often compromise and settle at local optima, and no matter what they intend, their buildings will develop lives of their own. Provocative and theoretically innovative, *Architects of Buddhist Leisure* asks readers to question the very category of “religious” architecture. It challenges current methodological approaches in religious studies and speaks to a broad audience interested in modern art, architecture, religion, anthropology, and material culture.

## **Intrinsically Disordered Proteins**

During the decade of its existence in India, the multiplex cinema has been very much a sign of the times – both a symptom and a symbol of new social values. Indicative of a consistent push to create a ‘globalised’ consuming middle class and a new urban environment, multiplex theatres have thus become key sites in the long-running struggle over cultural legitimacy and the right to public space in Indian cities. This book provides the reader with a comprehensive account of the new leisure infrastructure arising at the intersection between contemporary trends in cultural practice and the spatial politics that are reshaping the cities of India. Exploring the significance, and convergence, of economic liberalisation, urban redevelopment and the media explosion in India, the book demonstrates an innovative approach towards the cultural and political economy of leisure in a complex and rapidly-changing society. Key arguments are supported by up-to-date and substantive field research in several major metros and second tier cities across India. Accordingly, this book employs analytical frameworks from Media and Cultural Studies, and from Urban Geography and Development Studies in a wide-ranging examination of the multiplex phenomenon.

## **Recreation in the Renaissance**

The edition details methods to study intrinsically disordered proteins (IDPs) including recent topics such as extremely high-affinity disordered complexes, kinetics that evade established concepts, liquid-liquid phase separation, and novel disorder-driven allosteric mechanisms. Written in the highly successful *Methods in Molecular Biology* series format, chapters include introductions to their respective topics, lists of the necessary materials and reagents, step-by-step, readily reproducible laboratory protocols, and tips on troubleshooting and avoiding known pitfalls. Authoritative and cutting-edge, *Intrinsically Disordered Proteins: Methods and Protocols* aims to help scientists with different backgrounds to further their investigations into these fascinating and dynamic molecules.

## **Pulmonary Drug Delivery**

Shows and describes different kinds of rocks and minerals, and tells how to identify rocks by testing for hardness, streak color, and density

## **Handbook of Rocks, Minerals, and Gemstones**

Obesity and type 2 diabetes are increasing worldwide problems. In this book we reviewed factors that contribute to glucose homeostasis and the pathogenesis of Type 2 diabetes. In addition the book addresses current strategies for treatment of Type 2 Diabetes.

## **Bed in a Tree**

China's cities are home to 10 percent of the world's population today. They display unprecedented dynamism under the country's surging economic power. Their remarkable transformation builds on immense traditions, having lived through feudal dynasties, semicolonialism, and socialist commands. Studying them offers a lens into both the complex character of the changing city and the Chinese economy, society, and environment. This text is anchored in the spatial sciences to offer a comprehensive survey of the evolving urban landscape in China. It is divided into four parts, with 13 chapters that can be read together or as stand-alone material. Part I sets the context, describing the geographical setting, China's historical urban system, and traditional urban forms. Part II covers the urban system since 1949, the rural-urban divide and migration, and interactions with the global economy. Part III outlines the specific sectors of urban development, including economic restructuring, social-spatial transformation, urban infrastructure, and urban land and housing. Finally, part IV showcases urbanism through the lens of the urban environment, lifestyle and social change, and urban governance. *The Chinese City* offers a critical understanding of China's urbanization, exploring how the complexity of the Chinese city both conforms to and defies conventional urban theories and experience of cities elsewhere around the world. This comprehensive book contains a wealth of up-to-date statistical information, case studies, and suggested further reading to demonstrate the diversity of urban life in China.

## **Leisure, Women, and Gender**

The Chinese essay is arguably China's distinctive contribution to modern world literature. This book examines the essay both as a practiced and influential genre of literary expression and as an important counter-discourse to the revolutionary tradition of New Literature (especially realistic fiction).

## **The Chinese City**

In 1872 Yellowstone was established as a National Park. The name caught the public's imagination and by the close of the century, other National Parks had been declared, not only in the USA, but also in Australia, Canada, and New Zealand. Yet as it has spread, the concept has evolved and diversified. In the absence of any international controlling body, individual countries have been free to adapt the concept for their own physical, social and economic environments. Some have established national parks to protect scenery, others to protect ecosystems or wildlife. Tourism has also been a fundamental component of the national parks concept from the beginning and predates ecological justifications for national park establishment though it has been closely related to landscape conservation rationales at the outset. Approaches to tourism and visitor management have varied. Some have stripped their parks of signs of human settlement, while increasingly others are blending natural and cultural heritage, and reflecting national identities. This edited volume explores in detail, the origins and multiple meanings of National Parks and their relationship to tourism in a variety of national contexts. It consists of a series of introductory overview chapters followed by case study chapters from around the world including insights from the US, Canada, Australia, UK, Spain, France, Sweden, Indonesia, China and Southern Africa. Taking a global comparative approach, this book examines how and why national parks have spread and evolved, how they have been fashioned and used, and the integral role of tourism within national parks. The volume's focus on the long standing connection between tourism and national parks; and the changing concept of national parks over time and space give the book a distinct niche in the national parks and tourism literature. The volume is expected to contribute not only to tourism and national park studies at the upper level undergraduate and graduate levels but also to courses in international and comparative environmental history, conservation studies, and outdoor recreation management.

## **I've Been a Naughty Girl**

## **The World's Greatest Hotels, Resorts + Spas**

Saloon & Estate, inc. special/limited editions. Does NOT cover Syncro/4-Motion. Does NOT cover new range introduced December 2000. Petrol: 1.6 litre (1595cc) & 1.8 litre (1781cc) 4-cyl (inc. turbo). Does NOT cover V5 or V6. Turbo-Diesel: 1.9 litre (1896cc) 4-cyl. Does NOT cover V6.

## **Making Cultural Cities in Asia**

This research book covers the major aspects relating to the use of novel delivery systems in enhancing both transdermal and intradermal drug delivery. It provides

a review of transdermal and intradermal drug delivery, including the history of the field and the various methods employed to produce delivery systems from different materials such as device design, construction and evaluation, so as to provide a sound background to the use of novel systems in enhanced delivery applications. Furthermore, it presents in-depth analyses of recent developments in this exponentially growing field, with a focus on microneedle arrays, needle-free injections, nanoparticulate systems and peptide-carrier-type systems. It also covers conventional physical enhancement strategies, such as tape-stripping, sonophoresis, iontophoresis, electroporation and thermal/suction/laser ablation. Discussions about the penetration of the stratum corneum by the various novel strategies highlight the importance of the application method. Comprehensive and critical reviews of transdermal and intradermal delivery research using such systems focus on the outcomes of in vivo animal and human studies. The book includes laboratory, clinical and commercial case studies featuring safety and patient acceptability studies carried out to date, and depicts a growing area for use of these novel systems is in intradermal vaccine delivery. The final chapters review recent patents in this field and describe the work ongoing in industry.

## **A Handbook of Leisure Studies**

In Renaissance Europe, when 'leisure classes' used social gathering to define civility and the commercialization of leisure was beginning, the human need for recreation became a cultural topos. The book explores the vocabulary of play and games; the spectrum of leisure activities, often gender-specific or appropriate to particular social groups; the medical discourse on the preservation of health, where amusements were assessed as physical exercise; the moral approach to play; legal treatises on gambling; and the visual representation of leisure.

[ROMANCE](#) [ACTION & ADVENTURE](#) [MYSTERY & THRILLER](#) [BIOGRAPHIES & HISTORY](#) [CHILDREN'S](#) [YOUNG ADULT](#) [FANTASY](#) [HISTORICAL FICTION](#) [HORROR](#) [LITERARY FICTION](#) [NON-FICTION](#) [SCIENCE FICTION](#)