

Harley And Me Embracing Risk On The Road To A More Authentic Life

Zen And The Art Of Knitting
Deadly Current (Mischievous Malamute Mystery Series, Book 4)
The Tao Gals' Guide to Real Estate
Cuffed and Briefed
Ride On
The Adventures of Kalamazoo
The Art of Losing
Tap'd Out
Family Risk
The AI Does Not Hate You
The Burning Years
Harley and Me
Peter Parley's magazine
Dealers, Healers, Brutes & Saviors
Dating Dead Men
Rewind
Up From Liberalism
The Lost Chapters
Everyone Leaves Behind a Name
One Last Promise
A Family Affair Anthology
The Reluctant Prophet
Women, Motorcycles and the Road to Empowerment
A Piece of Sky, a Grain of Rice: A Memoir in Four Meditations
Moon Lore
Zen and the Art of Motorcycle Maintenance
Different
Outside in
The Knitter's Gift
Keeper of the Moon
The Sidekicks
Peter Parley's Annual
Book of the Duke of True Lovers
Hard to Handle
A Noble Story
Trick
When You Were Everything
Committed
Sweet Distress
Lips Close to Mine

Zen And The Art Of Knitting

Los Angeles greeting-card artist Wollie Shelley is dating forty men in sixty days as research for a radio talk show host's upcoming book, *How to Avoid Getting Dumped All the Time*. Wollie is meeting plenty of eligible bachelors but not falling in love, not until she stumbles over a dead body en route to Rio Pescado--a state-run mental hospital--and is momentarily taken hostage by a charismatic "doctor" who is on the run from the Mob. Wollie fears that her beloved brother, a paranoid schizophrenic living at Rio Pescado, is involved in the murder, so rather than go to the authorities, she decides to solve the crime on her own. As she meets up with an array of small-time crooks and swaggering mobsters only slightly more sinister than the men she's been dating, Wollie realizes that "getting dumped" is the least of her problems. Finding true love, she discovers, sometimes means learning how to avoid getting killed . . . *Dating Dead Men* will keep readers guessing until the final bullet is shot--and cheering for the irresistible Wollie as she makes her way out of confusion and into the welcoming embrace of Mr. Right.

Deadly Current (Mischievous Malamute Mystery Series, Book 4)

Contending that today's high-quality marketplace has created an era of impossible competition, an award-winning Harvard Business School professor makes recommendations for how companies can retain market shares without losing status to copycat competitors.

The Tao Gals' Guide to Real Estate

Cuffed and Briefed

Damon Durant is not your average bad boy; sure, he has a wicked smile that flaunts an unpredictable nature and more than a hint of danger, but if growing up shuffled from one dysfunctional foster family to another has taught him anything it's that love is hard to come by. So when he flirts with a sexy, young restaurateur named Kelsey Lawford, he can't help but think that he's finally found the one. When it comes to romance, Kelsey has always trusted her heart, and it has led to more than a bit of heartache and regret. Now she's ready to concentrate on what she wants twenty years down the road, instead of twenty minutes into the future. So when she banter with a romance novelist who exudes enough blistering sex appeal to leave her breathless, Kelsey ignores her feelings. Because if her past has taught her anything, it's that men like Damon can't be trusted, especially when she learns that this irresistible man has left a trail of broken hearts in his wake. Kelsey wants to trust the longing Damon evokes in his books and the adorable relationship he shares with his cute Beagle, thinking there's more to the Harley-riding bad boy everyone says is only out for one thing. But will it be enough to convince Kelsey to overlook her past and trust a man that everyone says can't be trusted?

Ride On

A collection of stories that detail a journey along our personal, emotional and spiritual path to enlightenment and becoming all that we are.

The Adventures of Kalamazoo

Two research analysts describe how companies can truly understand the real needs of their customers by seeing a business through their eyes and enforcing the concept of "customer service" through every facet of the company, from finance to legal to marketing.

The Art of Losing

Cutting its way through the media frenzy, *Sweet Distress: How our love affair with feelings has fuelled the current mental health crisis (and what we can do about it)* puts emotional wellbeing and resilience centre stage. Using an approach rooted in no-nonsense logic, author and psycholinguistic consultant Gillian Bridge delves into a range of problems which seem to be most frequently cited as sources of mental distress. These include stress, anxiety, depression, loneliness, body image, eating disorders, social media, substance abuse, behavioural disorders, academic pressures and bullying. The author explores how these issues have led to seemingly insurmountable emotional problems and takes a few potshots at some of

the things that have contributed to turning life events that may, at other times or in other places, have been little more than nuisances or inconveniences into sources of genuine psychic pain. Packed with realistic and effective takeaway strategies for parents and educators, Sweet Distress challenges under-researched but over-promoted ideology and shares evidence-based help and advice for anyone wanting to improve the mental health of those they care about. The book focuses on offering that help in a practical way, so at the end of chapters 5 to 10, which deal with specific issues, there are sections of particular value to parents, would-be parents, teachers and those in the business of young people's mental health, such as counsellors and therapists. Likewise, towards the end of the book Gillian has gathered together some selected material into 'a call to action' which will reiterate and reinforce some of the most practical and achievable lifestyle advice contained throughout. Suitable for parents, educators, counsellors and therapists. Gillian looks at how these issues have led to apparently insurmountable emotional problems, and takes a few potshots at some of the things that have contributed to turning life events that may, at other times or in other places (perhaps more resilient ones?), have been little more than nuisances or inconveniences into sources of genuine psychic pain. Packed with realistic and effective takeaway strategies for parents and educators, Sweet Distress challenges under-researched but over-promoted ideology and provides real, evidence-based help and advice for anyone wanting to improve the mental health of those they care about. Suitable for parents, educators, counsellors and therapists.

Tap'd Out

This volume uses knitting as a metaphor to discuss the unity of all life and the spirituality involved in all endeavours carried out with mindfulness.

Family Risk

Passionate knitters know that knitting is more than just a craft or a hobby. Knitting forms the texture and a background for their lives, binding them to their mothers and grandmothers who shared their great legacies; to friends and family who wear their homemade gifts; and to their fellow knitters. The Knitter's Gift is an inspirational collection just for them. Beginner and longtime knitters will rejoice as they read about: A father who treasures the scarf made by his daughter decades earlier A Ph.D. candidate who finds that knitting reduces her stress, and allows her to knit together her higher education with her craft A mother-in-law who makes peace with her daughter-in-law by creating a luxurious handmade gift Written and compiled by this best-selling author, The Knitter's Gift is a timeless work that spans the generations.

The AI Does Not Hate You

Get Free Harley And Me Embracing Risk On The Road To A More Authentic Life

An anthology of essays, newspaper articles, magazine stories written by Michael Brick with added commentary by colleagues and acquaintances.

The Burning Years

Through humor, whimsical story-telling and spiritual insight Joseph Fehlen shares his journey of becoming a motorcyclist at the age of 34. A man with a family, career, and perfectly normal life gets permission from his mom and wife, trades in his car for a motorcycle and begins an adventure that teaches him lessons about life, faith and what really matters most. Ride On is filled with a whole cast of endearing characters complemented by the intricacies of the motorcycle culture. In a garage logic sort of way, Joseph interweaves the lessons he learned with those Jesus modeled, creating a tapestry of learning opportunities for the reader. With uncanny clarity these real life situations will assist even those who have never ridden a motorcycle, or even plan to experience one of life's greatest joys. Come and join him as you ride on! Keywords: Zen and the art of motorcycle maintenance, Motorcycle club, Motorcycle adventure, motorcycle man, motorcycle diaries, motorcycle travel, motorcycle books, motorcycle Jesus,

Harley and Me

In this layered collage of memory within memory, Hale recreates for readers her kaleidoscopic experience of a decades-long journey to acceptance and insight. Writer, prodigal daughter, single parent, Buddhist disciple, and, late in midlife, a newlywed, she is transformed through an unconventional relationship with a female spiritual teacher and an odd ritual of repeated tattooing with her two young adult children. "Christine Hale's evocation of the bewildering complexities of life as a mother, daughter, wife (and ex-wife), and student of Buddhism is both a poem and a letter to those she has worked so long and hard to understand. On a journey that takes her through emotional and actual hurricanes, love and cruelty, urgent losses, and painful gains, she climbs to sometimes unnervingly high altitudes as she experiences "the joy and the sorrow of samsara." In beautiful, clear language, Hale explores the wounds life gives us, the wounds we give ourselves, and the long process of healing." -Sarah Stone, author of *The True Sources of the Nile* Christine Hale is the author of a novel, *Basil's Dream* (Livingston Press 2009); National Book Award finalist Joan Silber says, "Basil's Dream seems to prove fiction can go where other forms can't." Ms. Hale's creative nonfiction has appeared in *Arts & Letters*, *Spry*, *Still*, *Hippocampus*, and *Prime Number*, among other journals. A fellow of MacDowell, Ucross, Hedgebrook, and the Virginia Center for the Creative Arts, she earned her MFA from Warren Wilson College. She teaches in the Antioch University-Los Angeles Low-Residency MFA Program as well as the Great Smokies Writing Program in Asheville, North Carolina, where she and her husband live.

Peter Parley's magazine

Warning: Adult Audiences 18+. Language and actions some may deem offensive. Sexually explicit content. MF. In book four of KO Ink: Maria Roark has focused on her career, not having time for a private life. Now with her siblings finding love, she starts to see there are more important things in life. A cop starts to show his interest in her, and it leaves her torn—is he interested in her or just as a mother for his son? Ranger Marshall has lost a lot since he moved to the east coast. As an NYPD detective with a young son to raise, he hasn't had time to focus on his own personal life. But working on a case that happens to deal with the death of his wife, puts him in close contact with a woman who could change all that. She's already accepted his son—would she accept him too? One thing he does know, his wife's murder has to be put to rest before his future begins.

Dealers, Healers, Brutes & Saviors

I wasn't supposed to see Levi Pierce ever again. A few months ago, we had one incredible date. One. That's how I like it. End of story. Only it wasn't. Pretty soon everywhere I turn, I see him. Our best friends are dating. My mother mistakenly—and happily—thinks he's my plus-one to my cousin's wedding. And he's the guy I have to work with on the most important job opportunity of my life. Here's my problem: I like Levi. I like his killer smile, his dreamboat eyes, and definitely the way he makes me feel. But I've sworn off relationships. So when the sexual tension reaches epic proportions, I tell myself it's temporary. When I start to feel more, I tell myself it's over. Only Levi isn't a forget-it kind of guy. When his lips are close to mine, and he swears he's always wanted me, my defenses disappear. But he's heading off to new adventures an ocean away, and some things in life just aren't meant to be. Right? Each book in the Wherever You Go series is STANDALONE: * Talk British to Me * Lips Close to Mine * Too Hard to Resist

Dating Dead Men

From USA TODAY Bestselling author Megan Matthews comes a new small town, military romance, with an unshakable former SEAL and a woman with one heck of a secret identity. When Elliot Smith learns the truth will he stick around to save the day or let Harley ride into the sunset? I've lived in Maine my whole life. Taking the job with Pelican Bay Security was a no brainer, so was going home with Harley Howard. I've warmed her sheets for four months and being with Harley is easy. She doesn't ask questions. I don't find out why until it's too late. Harley wants to escape her past, but it only lives two blocks away. When she witnesses Pelican Bay's latest shooting and the stakes get real, it's not me she runs to, but the enemy. Can two different sides of Pelican Bay work together to end this crime streak for good? Secrets can't stay hidden forever, but their exposure will send shock waves through the community.

Rewind

In their new Keeper roles, these extraordinary women must balance the fate of the world with their desires... Lust. Elven Keeper Sailor Gryffald's body quivers with it, but is it a symptom of the deadly Scarlet Pathogen coursing through her bloodstream or the proximity of shifter Keeper Declan Wainwright? Sailor and Declan have had an uneasy relationship ever since they met, and now things are about to get a lot more complicated. A killer is stalking Los Angeles, intentionally infecting Elven with the deadly virus, and now Sailor and Declan must work to keep the supernatural peace while bringing the murderer to justice. But, in doing so, these powerful denizens of the Otherworld find themselves straddling a fine line between lust...and love.

Up From Liberalism

William Frank Buckley Jr.'s third book, originally published in 1959, is an urbane and controversial attack on the manners and meaning of American Liberalism in the 1950s. His thesis is that the leading American liberals can be shown, in their speeches and statements, in the tacit premises that underlie their words and deeds, to be suffering from a long, but definable list of social and philosophical prejudices. "Up From Liberalism" examines the root assumptions of the Liberalism of his era and asks the startling question: do the actions of prominent liberalism derive from the attributes of Liberalism? "This book of mind and heart, wit and eloquence, by the chief spokesman for the young conservative revival in this country, must be read and understood, to understand what is going on in America."—Senator Barry Goldwater "A guide for Americans who want to stay free in a country where pressures against individual freedom are coming from every direction."—Charleston Nines & Courier "He is at top form clear and penetrating A slashing attack against the thinking of today's pseudo-liberals."—Colorado Springs Gazette Telegraph "The most exciting book of the Fall."—New York Mirror "Mr. Buckley is one of the most articulate of the critics of today's liberalism and deserves to be heard."—Washington Star "Buckley brilliantly excoriates a philosophy he calls liberalism."—Newsweek "A skilled debater, a trenchant stylist a man of agile and independent mind He belongs in the great American tradition of protest and he deserve his audience."—New York Herald Tribune

The Lost Chapters

Serving as an intelligence officer taught Tap how to listen, but nobody warned him about hearing too much. Now, he skates the line between paranoid and prepared, afraid to fully trust anyone, even his club brothers. Sasha Petrov believed in the system. She devoted her life to serving and protecting, only to find that justice is a greedy whore that sways toward the best paying client. Now, she'll settle for vengeance. When Tap finds Sasha beaten, bloody, and begging for help, he'll have to risk exposing all his secrets to save her. Can someone so broken put her back together? No cheating, HEA

Everyone Leaves Behind a Name

Kalamazoo behaves like an ordinary cat-some of the time. He purrs, bats tinfoil balls, chases birds and mice, is finicky about his food, twitches his tail, cleans himself, and sleeps a lot. But Mooze-as Jim calls his cat-buddy-also plays guitar, paints, rides a Harley, types on a laptop, and sails in the Gulf. Jim never knows what Mooze will do next. Here's a snippet from the time the two friends recreated a steer wrestling event they'd been watching on TV. It was Jim's turn to play the steer. Mooze wandered off to his room and took the longest time in preparation, while I put away my hat and boots. I left the shirt on since it was sweaty anyhow. I was about to call him when I heard a slurred, "Buenas tardes, amigo." He made his entrance in style, sashaying into the living room wearing the fanciest boots I'd ever seen on a cat-blackened armadillo, mind you. His little ears poked through a tiny black Stetson. Chaps with more studs than a rock star protected his rear legs. A black silk bandana circled his neck. He must have practiced the bow-legged walk, because he had it down pat, and I mean pat.

One Last Promise

At the end of her bestselling memoir *Eat, Pray, Love*, Elizabeth Gilbert fell in love with Felipe - a Brazilian-born man of Australian citizenship who'd been living in Indonesia when they met. Resettling in America, the couple swore eternal fidelity to each other, but also swore to never, ever, under any circumstances get legally married. (Both survivors of difficult divorces. Enough said.) But providence intervened one day in the form of the U.S. government, who - after unexpectedly detaining Felipe at an American border crossing - gave the couple a choice: they could either get married, or Felipe would never be allowed to enter the country again. Having been effectively sentenced to wed, Gilbert tackled her fears of marriage by delving completely into this topic, trying with all her might to discover (through historical research, interviews and much personal reflection) what this stubbornly enduring old institution actually is. The result is *Committed* - a witty and intelligent contemplation of marriage that debunks myths, unthreads fears and suggests that sometimes even the most romantic of souls must trade in her amorous fantasies for the humbling responsibility of adulthood. Gilbert's memoir - destined to become a cherished handbook for any thinking person hovering on the verge of marriage - is ultimately a clear-eyed celebration of love, with all the complexity and consequence that real love, in the real world, actually entails.

A Family Affair Anthology

In New York City, follows the breakup of teenaged best friends Cleo and Layla, told in alternating timelines.

The Reluctant Prophet

'A fascinating and delightfully written book about some very smart people who may not, or may, be about to transform humanity forever' JON RONSON This is a book about AI and AI risk. But it's also more importantly about a community of people who are trying to think rationally about intelligence, and the places that these thoughts are taking them, and what insight they can and can't give us about the future of the human race over the next few years. It explains why these people are worried, why they might be right, and why they might be wrong. It is a book about the cutting edge of our thinking on intelligence and rationality right now by the people who stay up all night worrying about it. Along the way, we discover why we probably don't need to worry about a future AI resurrecting a perfect copy of our minds and torturing us for not inventing it sooner, but we perhaps should be concerned about paperclips destroying life as we know it; how Mickey Mouse can teach us an important lesson about how to program AI; and how a more rational approach to life could be what saves us all.

Women, Motorcycles and the Road to Empowerment

When hard work fails to pay off, relationships fall flat, and carefully-laid plans unravel, it is easy to lose heart. The narrator of *A Noble Story* is a man whose dreams have faded and who zombie-walks through meaningless work days, drinks himself to sleep each night, and keeps company with the ghosts of lovers past. One day, a dancing pickle twirling a sign on a street corner captures the narrator's attention. The pickle is giving it all he's got, caught up in a rhythm all his own. He is so sincere and dedicated in his efforts, he doesn't look as ridiculous as he should. In fact, he seems somehow dignified. Even noble. Who is that guy? And what's his story? As the answers to these questions begin to unfold, the narrator finds himself believing again. And just like that, he's on his motorcycle, leaving his job and the city behind for open country roads and adventure. He may have no idea where life is suddenly leading him or if he'll even survive, but for the first time in a long time-he's enjoying the ride.

A Piece of Sky, a Grain of Rice: A Memoir in Four Meditations

On one terrible night 17-year-old Harley Langston's life changes forever. A car crash leaves her younger sister, Audrey, in a coma. Harley's boyfriend, Mike, was at the wheel-drunk at the time, though relatively unscathed. The sickening irony is that Audrey would be fine if Harley hadn't caught her wasted with Mike at a party and abandoned her in a rage. Now Harley is left only with guilt, grief, pain and the undeniable truth that her ex-boyfriend has a drinking problem. So it's a surprise that she finds herself reconnecting with Raf, a neighbor and childhood friend who's recently out of rehab and still wrestling with his own demons. At first Harley doesn't want to get too close to him. But as Audrey awakens from her coma and slowly recovers, Raf starts to show Harley a path forward that she never would have believed possible, one guided by honesty, forgiveness, and redemption.

Moon Lore

Ryan, Harley and Miles are very different people—the swimmer, the rebel and the nerd. All they've ever had in common is Isaac, their shared best friend. When Isaac dies unexpectedly, the three boys must come to terms with their grief and the impact Isaac had on each of their lives. In his absence, Ryan, Harley and Miles discover things about one another they never saw before, and realize there may be more tying them together than just Isaac. In this intricately woven story told in three parts, award-winning Australian author Will Kostakis makes his American debut with a heartwarming, masterfully written novel about grief, self-discovery and the connections that tie us all together.

Zen and the Art of Motorcycle Maintenance

It is his last chance before he is sentenced to return to prison and Trick must make a go of his pairing with a six-year who needs his help.

Different

FOSTER/HARD TO HANDLE

Outside in

****Warning**** This book contains strong sexual content, strong adult language, and domestic violence. But it does have a happily ever after cliffhanger. Sydney and her best friend Theresa are enjoying their Junior year of college. When Sydney's boyfriend breaks up with her she becomes the target of the star quarterback. After some convincing from her best friend, she finally agrees to go on one date with the sexiest guy on campus. Ronnie Thomas, star quarterback, has a dark past. No matter how hard he tries, his past always comes back and creates problems in every relationship. He wants things to be different with Sydney, she's beautiful, funny, smart, and patient. Cade, a Nomad in the motorcycle world, meets Sydney one weekend when he attends a party at the club house where her dad is the President of the motorcycle club. His best friend Bryan, a prospect for the club, warns him that Sydney is off limits since she's the Prez's daughter. But Cade sees what she is hiding from her family and friends. When Sydney calls Bryan and Cade for help--all hell breaks loose. Ronnie won't give up that easy and plans on doing whatever he has to, to have Sydney.

The Knitter's Gift

A family's love can be everything From the Wreckage of Illicit affairs and the Lies that Bind us close together, how can it be wrong when it seems so right?Even Against the Spread of an Indecent Craving, there is a hope that can't be broken between the blood that runs through our veins.And if you look closely enough in the South of Nowhere, you'll find that even the most Intimate Relations end in ways that satisfy the curious mind that follows their heart.

Keeper of the Moon

Once a week, six women living in Los Angeles meet to read from the Tao te Ching and reflect on their lives. One subject arises over and over: the dream of owning a home. One by one they take on the real estate market. They discover, among themselves, great reservoirs of expertise and experience that keep them sane-and laughing-along the way. Now, the Tao Girls want to share that expertise and experience with women who find themselves similarly confused, frustrated, or disappointed. The Tao Girl's Guide to Real Estate offers a way to keep your head through it all, to eliminate that sense of helplessness, overwhelming tension, and emotional fatigue so often a part of finding a home. In telling their lively and often amusing personal stories, the Tao Girls also deliver a terrific dose of practical advice for buying any house-from the smallest condo to a suburban family dream house.

The Sidekicks

Acclaimed as one of the most exciting books in the history of American letters, this modern epic became an instant bestseller upon publication in 1974, transforming a generation and continuing to inspire millions. This 25th Anniversary Quill Edition features a new introduction by the author; important typographical changes; and a Reader's Guide that includes discussion topics, an interview with the author, and letters and documents detailing how this extraordinary book came to be. A narration of a summer motorcycle trip undertaken by a father and his son, the book becomes a personal and philosophical odyssey into fundamental questions of how to live. The narrator's relationship with his son leads to a powerful self-reckoning; the craft of motorcycle maintenance leads to an austere beautiful process for reconciling science, religion, and humanism. Resonant with the confusions of existence, Zen and the Art of Motorcycle Maintenance is a touching and transcendent book of life.

Peter Parley's Annual

Book of the Duke of True Lovers

Praise for Dealers, Healers, Brutes & Saviors "These revealing stories capture what it takes today to lead your company through a crisis." -Heath Meriwether; Publisher, Detroit Free Press "I urge all senior managers to read this book.. Most crises are sudden, with intensity building in a couple of days like a tropical storm. Gerry's wisdom will prepare you before it becomes a category-4 hurricane." -Dr. Ilker Baubars, Senior Deputy Dean, Graduate School of Industrial Administration, Carnegie Mellon University "Dealers, Healers, Brutes, and Saviors is must reading for any executive, who too often does not recognize a crisis until it's too late. Gerald Meyers's keen insight into crisis management has been invaluable to many corporate CEOs, including me." -John R. Hall, Retired Chairman of the Board and CEO, Ashland, Inc. "There's a huge range of responses that are feasible when you're faced with a crisis. Knowing how real people chose, acted, and succeeded in managing their crises is critical to solid decision-making. That's what this book is all about and why it is worth the investment." -Edward A. Snyder, Dean, The Darden School University of Virginia "Confronted by crisis, the successful leaders profiled in this fast-moving, readable book universally embrace risk, take charge, move quickly, often, save their companies." -James A. Henderson, Chairman and CEO Cummins Engine Company

Hard to Handle

A Noble Story

In the year, 2060, Sophie, a top female scientist, dismantles the government weather modification program and steals the male and female trans-humans who hold the promise of extended life. While the remaining inhabitants of Earth are forced to design new underground habitats in order to survive a harsh, overheated world, Captain Rachel Chen, takes the worldship Persephone to Proxima Centauri, hoping that this new star system will provide a refuge for the survivors of the human race.

Trick

At age forty-two, Allison Chamberlain is still making a half-hearted attempt to figure out what she wants to be when she grows up. Although she has been a pew-sitting member of a church for seven years, "prophet" has never been on the short list of possible careers. Then one Sunday Allison senses a divine nudge to buy a Harley motorcycle and go wherever it takes her. Soon she is wondering if she is called to present the reality of Christ to one of society's darkest corners—and challenge her own church to look beyond their fears. The first in a brave trilogy from seasoned author Nancy Rue, The Reluctant Prophet shows how one person's response to God's call can change a community forever.

When You Were Everything

Leslie Schwartz's powerful, skillfully woven memoir of redemption and reading, as told through the list of books she read as she served a 90 day jail sentence In 2014, novelist Leslie Schwartz was sentenced to 90 days in Los Angeles County Jail for a DUI and battery of an officer. It was the most harrowing and holy experience of her life. Following a 414-day relapse into alcohol and drug addiction after more than a decade clean and sober, Schwartz was sentenced and served her time with only six months' sobriety. The damage she inflicted that year upon her friends, her husband, her teenage daughter, and herself was nearly impossible to fathom. Incarceration might have ruined her altogether, if not for the stories that sustained her while she was behind bars--both the artful tales in the books she read while there, and, more immediately, the stories of her fellow inmates. With classics like Edith Wharton's Ethan Frome to contemporary accounts like Laura Hillenbrand's Unbroken, Schwartz's reading list is woven together with visceral recollections of both her daily humiliations and small triumphs within the county jail system. Through the stories of others--whether rendered on the page or whispered in a jail cell--she learned powerful lessons about how to banish shame, use guilt for good, level her grief, and find the lost joy and magic of her astonishing life. Told in vivid, unforgettable prose, The Lost Chapters uncovers the nature of shame, rage, and love, and how instruments of change and redemption come from the unlikeliest of places.

Committed

Sweet Distress

Lips Close to Mine

This memoir of riding a motorcycle at midlife is “a stirring reminder that it’s never too late to become the person you were meant to be” (New York Times–bestselling author Sarah Hepola). It’s a fact that we become more risk averse in our later years—which, according to psychology and neuroscience, is exactly what we shouldn’t do. Here, Bernadette Murphy recounts how she—a forty-eight-year-old woman with a settled career and family—decided to get onto a motorcycle, and how that became the catalyst that transformed her thinking and her life. Murphy also explores how risk changes our brain chemistry, how certain personality types embrace dangerous behavior and why it energizes them, and why women’s expectations change once estrogen levels drop. She also explores cultural portrayals of women and risk—why there are so few stories of the conquering heroine. Surely Thelma and Louise driving off the cliff should not be our only pop culture reference for women finding true freedom. With scientific research and interviews woven through a page-turning road trip

Get Free Harley And Me Embracing Risk On The Road To A More Authentic Life

narrative, *Harley and Me* is a look at how one woman found deeper meaning out on the open road. “Murphy is a powerful woman . . . She survived a childhood with a mentally ill mother. She raised three children. She’s a professor, a journalist, a marathoner, an ice climber, a Sierra hiker, and, as she tells us in her gripping memoir, *Harley and Me*, a brave motorcyclist . . . What’s truly refreshing is that she shows how the path to transformation is a rocky road. No easy 10 Steps to Survive Your Midlife Crisis provided here. Her story inspires without being tritely inspirational, and that is a real gift.” —The Rumpus
“Part memoir, part travelogue, part science-psychology . . . a powerful call to reconsider our impulse to ‘settle in’ during the second half of our lives.” —The Chicago Review of Books

Get Free Harley And Me Embracing Risk On The Road To A More Authentic Life

[ROMANCE](#) [ACTION & ADVENTURE](#) [MYSTERY & THRILLER](#) [BIOGRAPHIES & HISTORY](#) [CHILDREN'S](#) [YOUNG ADULT](#) [FANTASY](#)
[HISTORICAL FICTION](#) [HORROR](#) [LITERARY FICTION](#) [NON-FICTION](#) [SCIENCE FICTION](#)