

Aspergers Syndrome Workplace Survival Guide A Neurotypicals Secrets For Success By Bissonnette Barbara 2013 Paperback

Succeeding in College with Asperger Syndrome
The Aspie Teen's Survival Guide
The Complete Guide to Asperger's Syndrome
Living Well on the Spectrum
Asperger's Syndrome For Dummies
Asperger Syndrome Adolescence Pb
The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents)
Asperger Syndrome and Employment
Asperger's Syndrome Workplace Survival Guide
How to Find Work that Works for People with Asperger Syndrome
Social Skills for Teenagers and Adults with Asperger Syndrome
Mindful Living with Asperger's Syndrome
The Spectrum Girl's Survival Guide
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An Asperger's Guide to Entrepreneurship
Students with Asperger Syndrome
Asperger's and Adulthood
What to Feed an Asperger
Asperger's Rules!

Succeeding in College with Asperger Syndrome

This resource provides practical strategies for helping teenagers and adults with Asperger Syndrome to navigate social skills, friendships and relationships at home and in the community. The author offers advice and useful strategies for tackling day-to-day problems such as visits to the dentist or the doctor, searching for a job, sorting out personal finances, going on vacation, and dealing with public transport, as well as more intimate topics such as dating and acquiring and maintaining friendships. The chapters are structured around real-life scenarios and the challenges they present, followed by step-by-step solutions and suggestions. A final section provides a set of practical self-help tools, which encourage the reader to note down answers to the questions posed and record personal reflections. This accessible guide will be essential reading for teenagers and adults with Asperger Syndrome and their families, teachers, therapists, counsellors, carers, social and health work professionals.

The Aspie Teen's Survival Guide

Up to 85% of the Asperger's population are without full-time employment, though many have above-average intelligence. Rudy Simone, an adult with Asperger's Syndrome and an accomplished author, consultant, and musician, created this insightful resource to help employers, educators, and therapists accommodate this growing population, and to help people with Asperger's find and keep gainful employment. Rudy's candid advice is based on her personal experiences and the experiences of over fifty adults with Asperger's from all over the world, in addition to their employers and numerous experts in the field. Detailed lists provide balanced guidelines for success, while Rudy's "Interview Tips" and "Personal Job Map" tools will help Aspergians, young or old, find their employment niche. There is more to a job than what the tasks are: from social blunders, to sensory issues, to bullying by coworkers, Simone presents solutions to difficult challenges. Readers will be enriched, enlightened, and ready to work--together!

The Complete Guide to Asperger's Syndrome

Kendall gives plain advice to young adults with Asperger's in the nuts and bolts of ordinary life making friends and keeping them, navigating school (high school and college), and in the workplace. Several chapters deal with bullying.

Living Well on the Spectrum

College life is particularly stressful for students with Asperger Syndrome. This much needed guide provides information to help these students prepare successfully for study, interact with staff and fellow students, cope with expectations and pressures, and understand their academic and domestic responsibilities.

Asperger's Syndrome For Dummies

Includes bibliographical references (p. 227-230) and index.

Asperger Syndrome Adolescence Pb

Neurodiversity in the workplace can be a gift. Yet only 15% of adults with an autism spectrum condition (ASC) are in full-time employment. This book examines how the working environment can embrace autistic people in a positive way. The author highlights common challenges in the workplace for people with ASC, such as discrimination and lack of communication or the right kind of support from managers and colleagues, and provides strategies for changing them.

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Setting out practical, reasonable adjustments such as a quiet room or avoiding disruption to work schedules, this book demonstrates how day to day changes in the workplace can make it more inclusive and productive for all employees. Autism in the Workplace is intended for any person with an interest in changing working culture to ensure equality for autistic people. It is an essential resource for employers, managers, trade unionists, people with ASCs and their workmates and supporters.

The Survival Guide for Kids with Autism Spectrum Disorders (And Their Parents)

The number of adults with Asperger Syndrome retaining full-time employment is extremely low in comparison to those who may be considered to have more limiting conditions and disabilities. This book identifies why this is the case by asking the individuals concerned what they find difficult about working. Looking at expectations, motivations, working conditions and other factors, Sarah Hendrickx explores the reasons why work just doesn't work for many people with Asperger Syndrome and how to resolve these issues. Featuring personal stories from those with AS, the book highlights successful scenarios and provides suggestions for both employers and those in search of work on how to improve employment for the benefit of everyone. Asperger Syndrome and Employment provides essential information for those making the decisions and acknowledges what people with AS really want from a job so they can make employment work for them.

Asperger Syndrome and Employment

Includes bibliographical references and index.

Asperger's Syndrome Workplace Survival Guide

"Never be ashamed of being different: it is this difference that makes you extraordinary and unique." This essential go-to guide gives you all the advice and tools you'll need to help you flourish and achieve what you want in life. From the answers to everyday questions such as 'Am I using appropriate body language?' and 'Did I say the wrong thing?', through to discussing the importance of understanding your emotions, looking after your physical and mental health and coping with anxiety and sensory overloads, award-winning neurodiversity campaigner Siena Castellon uses her own experiences to provide you with the skills to overcome any challenge. With practical tips on friendships, dating, body image, consent and appearance, as well as how to survive school and bullying, The Spectrum Girl's Survival Guide gives you the power to embrace who you are, reminding you that even during the toughest of teen moments, you are never alone.

How to Find Work that Works for People with Asperger Syndrome

325 astute and practical ideas, insights, tips and strategies address the complex issues parents face during this crucial period of transition for their child with Asperger Syndrome (Autism Spectrum Disorder). The practical, bite-size suggestions focus on the vital importance of developing and nurturing an open and healthy relationship with your son or daughter. The easy-to-navigate format will suit busy parents wanting to locate advice to suit their particular needs. All the suggestions are designed to foster understanding and acceptance between family members and help the AS young person with common problem areas such as social vulnerability and peer relationships, self-esteem, anxiety and coping with change. This will be an invaluable companion for parents, carers and family members of an adolescent or young adult with AS.

Social Skills for Teenagers and Adults with Asperger Syndrome

Will Attwood was finishing a three-year sentence in prison when he was formally diagnosed with Asperger's syndrome for the first time. After his diagnosis he recognised just how much it had been affecting his life behind bars. This book is a practical advice guide for people with autism who have been sentenced to time in prison. Will shares his first-hand knowledge of what to expect and how to behave within the penal system. He sheds light on topics that are important for people with autism, answering questions such as: How should you act with inmates and guards? How do you avoid trouble? What about a prison's environmental stimuli may cause you anxiety? His thoughtful, measured writing debunks rumours about daily life in prison, and the useful tips and observations he offers will help anyone with autism prepare for the realities of spending time incarcerated, and be enormously helpful to those working with offenders on the autism spectrum.

Mindful Living with Asperger's Syndrome

How do adolescents with Asperger's Syndrome (AS) cope with sexual feelings and behaviour, and how do people with AS deal with intimacy and communication in sexual relationships? This guide provides practical advice on such issues as puberty, couples' therapy, and maintaining sexual boundaries.

The Spectrum Girl's Survival Guide

Asperger employment guide: a workbook for individuals on the autistic spectrum, their families, and helping professionals.

Asperger Syndrome and Employment

Sex. Slang. Slumber parties. The preoccupations of adolescents with Asperger syndrome are no different than those of other teens, but they can be much more confusing. The lack of social skills and ability to grasp conversational nuances that

characterize AS make adolescence the most difficult life stage. Asperger Syndrome is characterized by a reliance on clear guidelines, and in adolescence the social guidelines become murky and confusing. In *Asperger Syndrome and Adolescence*, child psychologist Teresa Bolick presents strategies for helping the ten-to-eighteen-year-old achieve happiness and success by maximizing the benefits of AS and minimizing the drawbacks.

Asperger's on the Job

Luke Jackson's unabridged and sparkling sequel to his best-selling user guide to adolescence *Freaks, Geeks and Asperger Syndrome* is the must-read handbook for teenagers and young adults on the autism spectrum. With devastating clarity, Luke focuses on the pitfalls involved in navigating the transition to adulthood, and the challenges of adult life. He covers everything from bullying and drugs to socialising, sex, negotiating relationships, and finding and keeping your first job.

Thriving in Adulthood with Asperger's Syndrome

Packed full of tips and tricks to improve the diet of super sensitive Asperger kids, this book is a must read for parents who want to help their children overcome food avoidance and sensory sensitivities. Sarah Patten shows other parents that they are far from alone in their struggle to get their children to eat a varied and well-balanced diet. She describes how, through a combination of love, patience and a little sleight of hand, she managed to get her son to go from eating just three bland white foods to eating a colourful and nutritious diet including fruit and vegetables. Providing recipes for many simple, healthy meals given the Asperger seal of approval, as well as advice for making mealtime routines, eating together as a family and eating out as stress-free as possible, the book provides a wealth of ideas and strategies for moving towards a more varied and nutritious diet. It also includes food diaries and charts to make planning meals and tracking progress simple.

Autism Equality in the Workplace

The workplace can be a difficult environment for people with Asperger's Syndrome (AS) and this often impedes their ability to make use of particular skills and sustain meaningful and fulfilling employment. This is the definitive guide to surviving and thriving in the workplace for people with AS. It includes everything from realistic strategies for meeting employer expectations, to how to get along with your colleagues and work as part of a team, multitask and manage projects, and handle anxiety and effectively resolve problems. Common employment challenges are illustrated through examples from the author's extensive experience coaching individuals with AS at all job levels, from entry-level to manager and professional positions. The pragmatic recommendations in the book will benefit anyone with AS who is entering the

workforce, as well as those who struggle to maintain employment, or who want to improve their performance and advance their careers.

Asperger's Syndrome Guide for Teens and Young Adults

Offers people with Asperger's syndrome advice and strategies for thriving in the workplace, covering such topics as meeting employer expectations, working as part of a team, multitasking, and solving problems effectively.

A Parent's Guide to High-Functioning Autism Spectrum Disorder, Second Edition

First published in 2002. Routledge is an imprint of Taylor & Francis, an informa company.

Employment for Individuals with Asperger Syndrome Or Non-verbal Learning Disability

Offers practical advice so readers can get the most out of middle and high school, both academically and socially, from sensory sensitivity to awkwardness, dating to driving.

Parenting a Teen or Young Adult with Asperger Syndrome (Autism Spectrum Disorder)

Developing Talents: In this updated and expanded edition, the authors take an in-depth look at a growing area of the U.S. economy: entrepreneurship. Using real-life examples, they point out that many of the unique characteristics of individuals on the autism spectrum lend themselves well to entrepreneurial ventures. The book also explores many often unnoticed aspects of Vocational Rehabilitation programs that provide job training and placement for people with disabilities as well as Social Security Administration programs that offer vocational assistance. Finally, employment figures and prospects have been updated and new jobs have been added that are particularly well suited for those on the spectrum, resulting in the most current look at the employment prospects for individuals with Asperger Syndrome and high-functioning autism.

Asperger's Syndrome and Sexuality

Hawkins guides readers through the process of gaining employment, from building a supportive team, addressing workplace challenges, to securing an appropriate post. The book includes practical tips on topics such as finding potential employers and creating a dazzling CV, as well as sensitive advice on assessing when somebody is ready for work.

Sex, Drugs and Asperger's Syndrome (ASD)

Offers guidance to young people with Asperger's syndrome by explaining how to understand and communicate with their peers and teachers, standing up for and taking care of themselves, setting realistic goals, and making friends.

Business for Aspies

Employment expert Barbara Bissonnette provides strategies that professionals and parents need to guide individuals with Asperger's Syndrome (Autism Spectrum Disorder) to manageable jobs, and keep them employed. Career counselors and coaches, vocational rehabilitation specialists, other professionals, and parents are often unsure of how to assist people with Asperger's Syndrome. Traditional career assessments and protocols do not match their unique needs. In this practical book, readers will gain insight into how people with Asperger's Syndrome think and the common employment challenges they face. It explains how to build rapport and trust, facilitate better job matches, improve interpersonal communication and executive function skills, and encourage flexible-thinking and problem-solving. With tried-and-tested advice, assessment tools, and in-depth profiles of actual coaching clients and innovative companies that are utilizing the specialized skills of people with Asperger's, this book shows the way to a brighter employment future for those on the autism spectrum.

Asperger Syndrome Employment Workbook

Navigating the "neurotypical" world with Asperger syndrome or high-functioning autism (AS/HFA) can be extremely stressful. But by understanding the specific ways your brain works differently--and how to tap into your personal strengths--you can greatly enhance your well-being. In this wise and practical book, experienced therapist Valerie L. Gaus helps you identify goals that will make your life better and take concrete steps to achieve them. Grounded in psychological science, the techniques in this book help you: *Learn the unspoken rules of social situations.*Improve your communication skills.*Get organized at home and at work.*Manage anxiety and depression.*Strengthen your relationships with family and friends.*Live more successfully on your own or with others. A wealth of stories, questionnaires, worksheets, and concrete examples help you find personalized solutions to problems you are likely to encounter. You can download and print additional copies of the worksheets for repeated use. Of special note, the Introduction was updated in 2017 with the latest information on how autism spectrum disorder is defined in DSM-5. Finally, a compassionate, knowledgeable, positive guide to living well on the spectrum.

The Complete Guide to Getting a Job for People with Asperger's Syndrome

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Finding a job is a confusing and anxiety-provoking process for many individuals with Asperger's Syndrome (AS) who may not know what they are qualified to do and may struggle to communicate their value to employers. In this book, Asperger's employment expert Barbara Bissonnette describes exactly what it takes to get hired in the neurotypical workplace. Every aspect of finding employment is covered, from defining strengths and researching occupations, to marketing oneself and projecting confidence and enthusiasm in interviews. Job-hunters are taught how to develop a personal profile of their talents and skills, their ideal work environment, and important work criteria. They are then shown how to set realistic goals and develop an effective job search plan. There is detailed instruction on networking, including how to find contacts and what to say. A wealth of checklists, templates, sample scripts and written communications accompany the text. Upfront, engaging and highly practical, this will be an essential guide for individuals with AS entering the workforce for the first time, as well as experienced workers who have lost jobs or wish to change careers but are uncertain about how to find the best match for their abilities.

Autism Equality in the Workplace

A guide to Asperger's syndrome describes what it is and how it is diagnosed, along with information on such topics as bullying, emotions, language, movement, cognitive ability, and long-term relationships.

Asperger Syndrome and Long-term Relationships

Neurodiversity in the workplace can be a gift. Yet only 15% of adults with an autism spectrum condition (ASC) are in full-time employment. This book examines how the working environment can embrace autistic people in a positive way. The author highlights common challenges in the workplace for people with ASC, such as discrimination and lack of communication or the right kind of support from managers and colleagues, and provides strategies for changing them. Setting out practical, reasonable adjustments such as a quiet room or avoiding disruption to work schedules, this book demonstrates how day to day changes in the workplace can make it more inclusive and productive for all employees. *Autism in the Workplace* is intended for any person with an interest in changing working culture to ensure equality for autistic people. It is an essential resource for employers, managers, trade unionists, people with ASCs and their workmates and supporters.

Helping Adults with Asperger's Syndrome Get & Stay Hired

This positive, straightforward book offers kids with autism spectrum disorders (ASDs) their own comprehensive resource for both understanding their condition and finding tools to cope with the challenges they face every day. Some children with

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ASDs are gifted; others struggle academically. Some are more introverted, while others try to be social. Some get “stuck” on things, have limited interests, or experience repeated motor movements like flapping or pacing (“stims”). The Survival Guide for Kids with Autism Spectrum Disorders covers all of these areas, with an emphasis on helping children gain new self-understanding and self-acceptance. Meant to be read with a parent, the book addresses questions (“What is ASD?” “Why me?”) and provides strategies for communicating, making and keeping friends, and succeeding in school. Body and brain basics highlight symptom management, exercise, diet, hygiene, relaxation, sleep, and toileting. Emphasis is placed on helping kids handle intense emotions and behaviors and get support from family and their team of helpers when needed. The book includes stories from real kids, fact boxes, helpful checklists, and resources. Sections for parents offer additional information.

Developing Talents

Employees with an Autism Spectrum Disorder (ASD) may be hugely beneficial to a workforce, but it can be difficult for individuals with no formal training to manage these employees successfully. This definitive guide will help managers and colleagues successfully interact with and support these professionals on the autism spectrum so as to ensure mutual success. Integrate Autism Employment Advisors use their experience advising employers on how to successfully employ professionals on the autism spectrum to identify the everyday challenges faced by employees with ASD in the workplace and sets out reasonable, practical solutions for their managers and colleagues. Barriers to productivity are highlighted, such as the sensory environment, miscommunication, and inadequate training of colleagues. Easy-to-implement strategies to adapt the working environment are provided, such as agreeing on non-verbal cues to signal ending a conversation or establishing parameters for appropriate email length. This book is an essential resource for anyone who works with professionals on the autism spectrum. It will allow them to engage with and support their colleagues on the autism spectrum in a respectful way and help them achieve a greater level of working success.

Asperger’s Syndrome and Jail

Employment expert Barbara Bissonnette provides strategies that professionals and parents need to guide individuals with Asperger's Syndrome (Autism Spectrum Disorder) to manageable jobs, and keep them employed. Career counselors and coaches, vocational rehabilitation specialists, other professionals, and parents are often unsure of how to assist people with Asperger's Syndrome. Traditional career assessments and protocols do not match their unique needs. In this practical book, readers will gain insight into how people with Asperger's Syndrome think and the common employment challenges they face. It explains how to build rapport and trust, facilitate better job matches, improve interpersonal communication and executive function skills, and encourage flexible-thinking and problem-solving. With tried-and-tested advice, assessment

tools, and in-depth profiles of actual coaching clients and innovative companies that are utilizing the specialized skills of people with Asperger's, this book shows the way to a brighter employment future for those on the autism spectrum.

An Employer's Guide to Managing Professionals on the Autism Spectrum

Employment is an important part of a healthy, balanced and fulfilling life but less than 20 per cent of people with Asperger Syndrome (AS) are in work at any one time. The adults with AS in this book explore the issues surrounding employment, providing advice and insights for others with AS, as well as their employers and colleagues.

Helping Adults with Asperger's Syndrome Get & Stay Hired

Entrepreneurship can be an ideal career option for enterprising individuals with Asperger Syndrome (Autism Spectrum Disorder) and this detailed guide explains how to tell if being self-employed is right for you and how to go about starting and growing your own business. Written by a successful entrepreneur and business consultant with Asperger Syndrome, this book provides all the guidance you need on the practicalities of starting up a company. The unique strengths that people with Asperger Syndrome can bring to a new business venture are highlighted and solutions are offered for elements of entrepreneurship that can create stumbling blocks such as developing working relationships within your company, marketing yourself and your business, managing finances, networking and maintaining a healthy work-life balance. Full of pragmatic advice, case studies from established business owners with Asperger Syndrome and practical tools for professional development, this is an essential startup handbook for anyone on the spectrum considering making the leap to becoming an entrepreneur.

The Guide to Dating for Teenagers with Asperger Syndrome

Based on his own life experiences, travels and meditations, Chris Mitchell reflects on how mindfulness practice can help people with Asperger's Syndrome (AS) with daily challenges including negative thought patterns, emotional and sensory issues, and navigating the social world. This practical handbook provides advice and instruction on adopting a mindful way of living to help tune in to the present moment and each chapter provides step-by-step mindfulness exercises that allow individuals with AS to overcome obstacles through awareness. Included are breathing exercises, simple yoga stretches, sitting, standing and walking meditations, visualisations, and easy ways to incorporate mindfulness techniques into everyday activities such as eating, brushing your teeth or doing the dishes. By teaching how to live mindfully moment to moment, this book gives people with Asperger's Syndrome the key to relieving stress, increasing awareness, and living a healthier and happier life.

Asperger's Syndrome Workplace Survival Guide

"Dating is difficult for everyone. For a teen with Asperger Syndrome, it can be overwhelming. Special education teacher Jeannie Uhlenkamp tackles some of the specific issues facing teens with AS. Written in a question-and-answer format, this much-needed book offers insight and practical advice on dating challenges. Each topic is followed by Discussion Questions (to get the conversation flowing between teens and parents/teachers) and a Main Idea (which succinctly wraps up the main point). Also included are special notes to define the more illusive vocabulary and concepts of today's dating world."--Provided by publisher.

An Asperger's Guide to Entrepreneurship

For many students with autism spectrum disorders getting admitted to college is the easy part. Surviving and succeeding can be quite another, as these students transition into a system that is often unprepared to receive them. Accommodating students whose disabilities very likely fall in social and self-regulatory areas is a particular challenge for disability services providers who are not used to reaching out into so many areas of student life. Based on the authors' extensive experience, this comprehensive book offers disability services professionals practical strategies for accommodating and supporting students in all phases of college life and beyond. Major chapters address legal issues and academic accommodations; co-curricular needs and accommodations; housing and resident life; faculty issues; other partners on campus such as business and academic affairs, campus police and public safety; employment issues; working with parents, and more. Checklists, forms and other tools help guide and structure the combined efforts to help students succeed

Students with Asperger Syndrome

Asperger's Syndrome For Dummies covers everything that both people living with the condition and their families need to know. From explaining symptoms and getting a diagnosis, through to overcoming bullying in schools and choosing between the therapy and medical treatments available, this is a complete guide to surviving and thriving with the condition. Asperger's Syndrome For Dummies includes: Part I: Understanding Asperger's syndrome (AS) Chapter 1: Introducing Asperger's syndrome Chapter 2: Discovering the causes of Asperger's syndrome Chapter 3: Diagnosing Asperger's syndrome Part II: Living with Asperger's syndrome Chapter 4: Enjoying Life with Asperger's Chapter 5: Getting the most out of education and the workplace Chapter 6: Finding independence and advocating for your rights Part III: Supporting people with Asperger's syndrome Chapter 7: Parenting and Asperger's syndrome Chapter 8: Relating to adults with Asperger's syndrome Chapter 9: Creating an AS friendly environment Part IV: Discovering therapies, medication, diet and environments for AS Chapter 10: Navigating Behavioural Therapies for Asperger's Syndrome Chapter 11: Understanding

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medication and diet in Asperger's syndrome Part V: Part of Tens Chapter 12: Ten Organisations to go for help and information Chapter 13: Ten positives about living with Asperger's Chapter 14: Ten famous people who probably had Asperger's

Asperger's and Adulthood

"Packed with real-life stories and everyday problem-solving ideas, this book has given many tens of thousands of parents the facts they need about high-functioning autism spectrum disorder (ASD), including Asperger syndrome. The authors are leading experts who describe ways to work with these kids' unique impairments and capabilities so they can grow into happy, self-sufficient adults. Parents learn practical strategies for helping their son or daughter relate more comfortably to peers, learn the rules of appropriate behavior, and succeed in school. The book also discusses what scientists currently know about ASD and how it is diagnosed, as well as what treatments and educational supports have been shown to work. Updated with the latest research, resources, and clinical strategies, the second edition clearly explains the diagnostic changes in DSM-5"--

What to Feed an Asperger

Most people with Non-Verbal Learning Disorder or AS are underemployed. This book sets out to change this. With practical advice on everything from job hunting to interview techniques, from 'fitting in' in the workplace to whether or not to disclose a diagnosis, this book guides people with NLD or AS successfully through the employment mine field.

Asperger's Rules!

The author, Craig Kendall, is the father of a child with Asperger's syndrome. He has written several books on Asperger's syndrome and autism. In this book, Craig covers the issues that affect adults with Asperger's syndrome as well as those who love and support them. Chapter topics include: 1. Surviving the Social World: Making and Keeping Friends, Where and how to make friends as an adult / 2. Asperger's and Relationships: including relationship tips, dating, the "do's and don'ts" / 3. Loving Someone with Aspergers: Rekindling a failing relationship, Ideas for keeping the romance in your relationship, Keeping a marriage happy / 4. Employment and Adults with Asperger's: the interview, ten job interview tips, workplace issues, 8 issues to consider in selecting a job / 5. Services for Adults with Asperger's / How and when do I tell people I have Asperger's?: 4 reasons to disclose, 4 reasons NOT to disclose / 6. Self Advocacy: Learning to advocate for yourself / 7. How to Lead a Meaningful Life: Depression and anxiety, The search for meaning in adults with AS / 8. Getting an Asperger's Diagnosis as an Adult: Why to get a diagnosis, Resistance to or problems with getting a diagnosis, How to find a good

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therapist /9. Therapy Options: Common reasons adults refuse therapy, Overview of different types of therapy, psychotherapy, 3 information processing problems, Occupational Therapy (OT) /10. Nutrition and Eating Right: Supplements that can help your health, Diets, Seven reasons to avoid fast food

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