

## **Adult Development And Aging 6th Sixth Edition**

Adult Development  
The Baby Boomers Grow Up  
Adult Development and Aging  
Looking Forward Through the Lifespan: Developmental Psychology  
Developmental Psychology: Childhood and Adolescence  
The Five People You Meet in Heaven  
How Children Develop  
Dreams from My Father  
Gerontology  
Adult Development and Aging  
Handbook of the Psychology of Aging  
Aging and Older Adulthood  
Health Promotion and Aging  
Tropical Dreams  
Stages of Faith  
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Development Through the Lifespan  
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I Know Why the Caged Bird Sings  
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The Adult Learner  
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Journey of Adulthood  
Stages of Reading Development  
Adolescence and Emerging Adulthood  
Steampunk Adult Coloring Book  
Miller's Nursing for Wellness in Older Adults  
Lifespan Development  
Discovering the Brain  
Adult Development and Aging  
Introduction to Aging  
Essentials of Human Development: A Life-Span View  
Adult Development and Aging: Biopsychosocial Perspectives, 6th Edition  
Later Life  
Adult Development and Aging

### **Adult Development**

This coloring book journal is designed to help stress relief through coloring and journal writing. January is the first book in the series of twelve. Each book is unique to its given month, with 12 images to color. There are 12 one-sided images and 200 lined pages with quotes and tidbits for your enjoyment.

### **The Baby Boomers Grow Up**

Note: You are purchasing a standalone product; REVEL does not come packaged with this content. Students, if interested in purchasing this title with REVEL, ask your instructor for the correct package ISBN and Course ID. Instructors, contact your Pearson representative for more information. Lifespan Development, 6ce provides strong applications, and integrated learning objectives and assessment. Students who want to know "What does current research say?" and "Why is this important?" will appreciate both the applied nature of this text and the clarity and rigor of the authors' presentation of current research. An exceptional pedagogical package that ties the textbook to online REVEL study tools complements the student-centered approach of the book and offers students the benefit of frequent self-assessment.

### **Adult Development and Aging**

This text offers a clear account of the salient issues and concerns that dominate the field of adult development. Gender differences and race/ethnic diversity are discussed in their relation to all major topics. There is also coverage on the impact of religion and spirituality.

### **Looking Forward Through the Lifespan: Developmental**

## **Psychology**

Written by the author of highly effective psychology texts relied upon by thousands of teachers and students, Educational Psychology is a well-crafted text that emphasizes the application of theory to classroom practice. With richly evocative classroom vignettes provided by practicing teachers, as well as the most case studies - three per chapter - of any Introductory text, Santrock's Educational Psychology helps students think critically about the research basis for best practices. Additionally, Santrock's hallmark Learning System organizes the content into manageable chunks to support retention and mastery, and make it much more likely that students will have an engaging and successful course experience.

## **Developmental Psychology: Childhood and Adolescence**

Dr. James Fowler has asked these questions, and others like them, of nearly six hundred people. He has talked with men, women, and children of all ages, from four to eighty-eight, including Jews, Catholics, Protestants, agnostics, and atheists. In many cases, the interviews became in-depth conversations that provided rare, intimate glimpses into the various ways our lives have meaning and purpose, windows into what this books calls faith. Faith, as approached here, is not necessarily religious, nor is it to be equated with belief. Rather, faith is a person's way of leaning into and making sense of life. More verb than noun, faith is the dynamic system of images, values, and commitments that guide one's life. It is thus universal: everyone who chooses to go on living operated by some basic faith. Building on the contributions of such key thinkers as Piaget, Erikson, and Kohlberg, Fowler draws on a wide range of scholarship, literature, and firsthand research to present expertly and engagingly the six stages that emerge in working out the meaning of our lives--from the intuitive, imitative faith of childhood through conventional and then more independent faith to the universalizing, self-transcending faith of full maturity. Stages of Faith helps us to understand our own pilgrimage of faith, the passages of our own quest for meaning and value.

## **The Five People You Meet in Heaven**

Worth is proud to publish the Third Edition of How Children Develop by Robert S. Siegler, Judy S. DeLoache, and Nancy Eisenberg—the leading textbook for the topically-organized child development course. Providing a fresh perspective on the field of child development, the authors emphasize fundamental principles, enduring themes, and important recent studies to provide a unique contribution to the teaching of child development.

## **How Children Develop**

Print+CourseSmart

## **Dreams from My Father**

This volume contains an expansion of the material dealt with in the first edition plus extensive updating that incorporates significant recent research. It presents

an integrative view of the field of adult development as well as an orientation to research and practice for interested professionals. The material is organized around a topical approach that deals with processes within several major areas of human functioning. . . . The book is for advanced undergraduates, as it requires some sophistication on the part of the reader. An excellent addition to academic libraries, it can serve as a valuable reference and source book. Choice [The book] is a distinctive contribution to the array of texts on adult development.

Whitbourne's second edition is a very useful and unique addition to the existing textbooks in the field. It could well serve as a text for advanced courses on adult development, particularly with a psychosocial orientation. Contemporary Psychology

## **Gerontology**

ESSENTIALS OF HUMAN DEVELOPMENT: A LIFE-SPAN VIEW, 2nd Edition fills the need for a shorter text that emphasizes the essential, defining features of modern research and theory in human development. Using a modified chronological approach and emphasizing the biopsychosocial framework, the text provides: a readable account of human development across the life span; conceptual foundations that enable students to become critical interpreters of developmental information; and an introduction to relevant research and its application to key issues. The text also emphasizes the application of human development research across diverse professional settings, making it ideal for students who are pursuing a career related to psychology or areas such as education, health, and human sciences. Succinct and filled with real-life examples, this text will capture your students' interest while introducing them to the essential issues, forces, and outcomes that make us who we are. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

## **Adult Development and Aging**

Written within a biopsychosocial framework, Cavanaugh and Blanchard-Fields' best-selling text covers the specific ages-stages of adult development and aging. In its unparalleled coverage of current research and theory, the authors draw clear connections between research and application. The book's focus on positive aging and the gains and losses people experience across adulthood distinguish it from its competitors. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

## **Handbook of the Psychology of Aging**

This comprehensive book helps readers process a clear picture of adult development and aging with the help and results of intensive scientific research. It challenges common stereotypes about this subject matter, and interprets the research data into an optimistic yet realistic appraisal of the many problems faced by the elderly in today's society. Chapter topics look at independence and intimacy in young adulthood; responsibility and failure in the middle years; the reintegration or despair of later life; research methodology; families; careers; personality

development; learning and memory; intellectual and biological development; mental disorders; and death and bereavement. For individuals who want to view the potential richness of life— at all stages, and/or understand the lives of older adults they may care for.

## **Aging and Older Adulthood**

Examines the basic stages in a child's development of reading skills and suggests methods for aiding this learning process in school and at home

## **Health Promotion and Aging**

An interdisciplinary introduction to the aging process which uses symbolic interactionism as the main theoretical perspective. Accessible, interdisciplinary coverage with chapters covering a variety of subject matter areas from biology to psychology, from economics to sociology, from political science to religion. Utilizes symbolic interaction perspective to explain behavior problems and an individual's adaptations associated with the process of aging.

## **Tropical Dreams**

Illustrated with abundant clinical material, this book provides essential knowledge and skills for effective mental health practice with older adults. It demonstrates how to evaluate and treat frequently encountered clinical problems in this population, including dementias, mood and anxiety disorders, and paranoid symptoms. Strategies are presented for implementing psychosocial interventions and integrating them with medications. The book also describes insightful approaches for supporting family caregivers and addresses the nuts and bolts of consulting in institutional settings. Combining their expertise as a researcher and an experienced clinician, the authors offer a unique perspective on the challenges facing older adults and how to help them lead more fulfilling and independent lives. Three reproducible forms can also be downloaded and printed in a convenient 8 1/2" x 11" size.

## **Stages of Faith**

This is the eBook of the printed book and may not include any media, website access codes, or print supplements that may come packaged with the bound book. Laura Berk's *Development Through the Lifespan* is relied upon in classrooms worldwide for its clear, engaging writing style, exceptional multicultural and cross-cultural focus, cutting-edge consideration of the interrelationships between heredity and environment, rich examples, and long-standing commitment to presenting the most up-to-date scholarship. This new edition continues to offer students research-based practical applications that they can relate to their personal and professional lives. Laura Berk, renowned professor and researcher, has revised the text with new pedagogy, a heightened emphasis on the interplay between heredity and environment, and an enhanced focus on many social policy issues, while emphasizing the lifespan perspective throughout. The latest theories and findings in the field are made accessible to students in a manageable and

relevant way. Berk's signature storytelling style invites students to actively learn beside the text's "characters." Students are provided with an especially clear and coherent understanding of the sequence and underlying processes of human development, emphasizing the interrelatedness of all domains—physical, cognitive, emotional, social—throughout the text narrative and in special features. Berk also helps students connect their learning to their personal and professional areas of interest. Her voice comes through when speaking directly about issues students will face in their future pursuits as parents, educators, health care providers, social workers, and researchers. As members of a global and diverse human community, students are called to intelligently approach the responsibility of understanding and responding to the needs and concerns of both young and old. While carefully considering the complexities of human development, Berk presents classic and emerging theories in an especially clear, engaging writing style, with a multitude of research-based, real-world, cross-cultural, and multicultural examples. Strengthening the connections among developmental domains and of theory and research with applications, this edition's extensive revision brings forth the most recent scholarship, representing the changing field of human development. NOTE: This is the standalone book, if you want the book/access code package order the ISBN below. 0205968988 / 9780205968985 Development Through the Lifespan Plus NEW MyDevelopmentLab with Pearson eText -- Access Card Package Package consists of: 0205909744 / 9780205909742 NEW MyDevelopmentLab with Pearson eText -- Valuepack Access Card -- for Laura E. Berk 0205957609 / 9780205957606 Development Through the Lifespan

## **Aging and Older Adulthood**

For undergraduate courses in Adulthood and Aging, Gerontology, and Adult Development. This text provides an engaging perspective on the issues, challenges, and joys of adult development and aging. It provides a balanced and integrated treatment of young, middle, and later adulthood, concluding with a discussion of life satisfaction and quality of life issues. More than ever there is a need to inform those who will be therapists, health care professionals, social workers, and all others who plan to work with adults in some capacity of the challenges and opportunities that often come our way in adulthood. In addition, this text covers areas which are often neglected, such as self development and individual differences, life-long learning, community and political life, and values and moral development. The addition of these and other topics, along with a positive-growth focused perspective sets this book apart from other textbooks in this area that have grown out of gerontology backgrounds with a focus on physical decline and illness. The pedagogical features of the book direct students to key information, and the special features engage the reader in current ethical dilemmas and life-planning issues.

## **Handbook of the Psychology of Aging**

Eddie is a wounded war veteran, an old man who has lived, in his mind, an uninspired life. His job is fixing rides at a seaside amusement park. On his 83rd birthday, a tragic accident kills him, as he tries to save a little girl from a falling cart. He awakes in the afterlife, where he learns that heaven is not a destination. It's a place where your life is explained to you by five people, some of whom you

knew, others who may have been strangers. One by one, from childhood to soldier to old age, Eddie's five people revisit their connections to him on earth, illuminating the mysteries of his "meaningless" life, and revealing the haunting secret behind the eternal question: "Why was I here?"

## **Adult Development and Aging**

Here is a book as joyous and painful, as mysterious and memorable, as childhood itself. *I Know Why the Caged Bird Sings* captures the longing of lonely children, the brute insult of bigotry, and the wonder of words that can make the world right. Maya Angelou's debut memoir is a modern American classic beloved worldwide. Sent by their mother to live with their devout, self-sufficient grandmother in a small Southern town, Maya and her brother, Bailey, endure the ache of abandonment and the prejudice of the local "powhitetrash." At eight years old and back at her mother's side in St. Louis, Maya is attacked by a man many times her age—and has to live with the consequences for a lifetime. Years later, in San Francisco, Maya learns that love for herself, the kindness of others, her own strong spirit, and the ideas of great authors ("I met and fell in love with William Shakespeare") will allow her to be free instead of imprisoned. Poetic and powerful, *I Know Why the Caged Bird Sings* will touch hearts and change minds for as long as people read. "*I Know Why the Caged Bird Sings* liberates the reader into life simply because Maya Angelou confronts her own life with such a moving wonder, such a luminous dignity."—James Baldwin From the Paperback edition.

## **Development Through the Lifespan**

The third edition of this essential text has been updated and expanded with new material that reflects the most recent developments in the field, and explores our current understanding of a broad range of topics related to aging and older adulthood. Fresh edition includes updated content such as revised case histories and reworked material on key concepts and research applications. Retains the winning format of the second edition, with chapter contents framed by individual histories. Dual models add cohesiveness to the presentation of theory. Thematic structure facilitates reader comprehension. Instructor resources provided online upon publication at <http://www.wiley.com/go/erber>

## **Mental Disorders in Older Adults, Second Edition**

The *Handbook of the Psychology of Aging, Seventh Edition*, provides a basic reference source on the behavioral processes of aging for researchers, graduate students, and professionals. It also provides perspectives on the behavioral science of aging for researchers and professionals from other disciplines. The book is organized into four parts. Part 1 reviews key methodological and analytical issues in aging research. It examines some of the major historical influences that might provide explanatory mechanisms for a better understanding of cohort and period differences in psychological aging processes. Part 2 includes chapters that discuss the basics and nuances of executive function; the history of the morphometric research on normal brain aging; and the neural changes that occur in the brain

with aging. Part 3 deals with the social and health aspects of aging. It covers the beliefs that individuals have about how much they can control various outcomes in their life; the impact of stress on health and aging; and the interrelationships between health disparities, social class, and aging. Part 4 discusses the emotional aspects of aging; family caregiving; and mental disorders and legal capacities in older adults. Contains all the main areas of psychological gerontological research in one volume Entire section on neuroscience and aging Begins with a section on theory and methods Edited by one of the father of gerontology (Schaie) and contributors represent top scholars in gerontology

## **I Know Why the Caged Bird Sings**

Helps students understand how culture impacts development in adolescence and emerging adulthood. Grounded in a global cultural perspective (within and outside of the US), this text enriches the discussion with historical context and an interdisciplinary approach, including studies from fields such as anthropology and sociology, in addition to the compelling psychological research on adolescent development. This book also takes into account the period of "emerging adulthood" (ages 18-25), a term coined by the author, and an area of study for which Arnett is a leading expert. Arnett continues the fifth edition with new and updated studies, both U.S. and international. With Pearson's MyDevelopmentLab Video Series and Powerpoints embedded with video, students can experience a true cross-cultural experience. A better teaching and learning experience This program will provide a better teaching and learning experience-- for you and your students. Here's how: Personalize Learning - The new MyDevelopmentLab delivers proven results in helping students succeed, provides engaging experiences that personalize learning, and comes from a trusted partner with educational expertise and a deep commitment to helping students and instructors achieve their goals. Improve Critical Thinking - Students learn to think critically about the influence of culture on development with pedagogical features such as Culture Focus boxes and Historical Focus boxes. Engage Students - Arnett engages students with cross cultural research and examples throughout. MyVirtualTeen, an interactive simulation, allows students to apply the concepts they are learning to their own "virtual teen." Explore Research - "Research Focus" provides students with a firm grasp of various research methods and helps them see the impact that methods can have on research findings. Support Instructors - This program provides instructors with unbeatable resources, including video embedded PowerPoints and the new MyDevelopmentLab that includes cross-cultural videos and MyVirtualTeen, an interactive simulation that allows you to raise a child from birth to age 18. An easy to use Instructor's Manual, a robust test bank, and an online test generator (MyTest) are also available. All of these materials may be packaged with the text upon request. Note: MyDevelopmentLab does not come automatically packaged with this text. To purchase MyDevelopmentLab, please visit: [www.mydevelopmentlab.com](http://www.mydevelopmentlab.com) or you can purchase a ValuePack of the text + MyDevelopmentlab (at no additional cost): ValuePack ISBN-10: 0205911854/ ValuePack ISBN-13: 9780205911851. Click here for a short walkthrough video on MyVirtualTeen! <http://www.youtube.com/playlist?list=PL51B144F17A36FF25&feature=plcp>

## **Human Development: A Life-Span View**

REVEL™ for Journey of Adulthood discusses the aspects of “successful aging,” covering growth and development from emerging adulthood to old age. Combining new and classic research as well as first person experience of adult development, author Barbara Bjorklund explains the development of adults as they leave adolescence and move through their adult years until the end of life. Comprised of both large longitudinal studies and major theories of adult development as well as smaller studies of diverse groups, REVEL for Journey of Adulthood helps students see the influences of gender, culture, ethnicity, race, and socioeconomic background on this journey. REVEL is Pearson’s newest way of delivering our respected content. Fully digital and highly engaging, REVEL offers an immersive learning experience designed for the way today’s students read, think, and learn. Enlivening course content with media interactives and assessments, REVEL empowers educators to increase engagement with the course, and to better connect with students. NOTE: REVEL is a fully digital delivery of Pearson content. This ISBN is for the standalone REVEL access card. In addition to this access card, you will need a course invite link, provided by your instructor, to register for and use REVEL.

## **January 200**

Written within a biopsychosocial framework, Cavanaugh and Blanchard-Fields’ best-selling text covers the specific ages-stages of adult development and aging. In its unparalleled coverage of current research and theory, the authors draw clear connections between research and application. The book’s focus on positive aging and the gains and losses people experience across adulthood distinguish it from its competitors. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

## **The Adult Learner**

Steampunk Adult Coloring Book Adult Coloring Pages to help you relax so the cares of the day can fade away. Stressed with life and the constant drag of staring at screens all day? Do you feel the pressures of the world eating at your soul? While we enjoy many modern conveniences, many people today are suffering mental and physical conditions brought on by our current lifestyles. Wouldn't it be nice to get away? Take a step back and immerse yourself in a coloring book that will both relieve stress and tantalize This adult coloring book features 30 pages of hand-drawn steampunk images, presented here for your coloring pleasure The images are high quality, the lines tight, and the time spent will relieve your tension and put your mind at ease. Imagine spending a few hours away from the texts, the emails, the long commutes and the gain some peace and quiet. 30 coloring pages of beautiful drawings ensures you have plenty to color. All pages are printed on one-side sheets to make it easy to color. If you prefer pens or markers, place a sheet of plain paper between the pages to prevent the ink from bleeding. Start relaxing today Scroll up and hit "Buy" now

## **Adulthood and Aging**

Reflects the most important theoretical foundations and research directions

concerning aging and older adulthood This authoritative volume provides the latest insights into, and theoretical interpretation of, our understanding of the human aging process. Newly updated and revised, this edition of the well-established student textbook offers relatable scenarios that touch upon real-world issues faced by older adults and their families. The book explains how research studies attempt to answer questions of both theoretical and practical importance as they relate to aging and older adulthood, and it explains the hypotheses and findings of the studies in a manner that is comprehensible to readers of all levels of research experience. *Aging and Older Adulthood* begins by describing the demographic characteristics of the older population, and follows with a chapter on theoretical models that apply to the study of adult development and aging, as well as approaches commonly taken to conduct research and ethical concerns involved in the study of this group. It then offers a series of chapters exploring biological aging, sensation perception and attention, memory, intellectual functioning, cognition and real-world problem-solving, personality and coping, social interaction and social ties, lifestyles and retirement, mental health and psychotherapy, and death and bereavement. The final chapter looks at aging in the future. Each chapter includes fully updated research findings, as well as new and expanded coverage of concepts and ideas in areas such as neuroscience, and diabetes. New edition of a highly respected text exploring our contemporary understanding of a broad range of topics related to older adulthood and the psychology of aging Offers thematic treatment of core issues including health, sensory perception, memory, intellect, social interactions, employment and retirement, and mental health Uses a dual lens of two models – the selective optimization with compensation model and the ecological model – to provide cohesiveness to the presentation of both theoretical and applied material Introduces each chapter with a relevant real-world scenario and refers back to it throughout the chapter Includes pedagogical feature boxes that reflect current understanding of contemporary issues in the field as well as key points and issues for further discussion *Aging and Older Adulthood*, 4th Edition is an excellent text for upper division undergraduate and graduate courses focusing on the older adulthood and aging, the psychology of aging, gerontological studies, and lifespan development.

### **Educational Psychology**

Newly updated, *Adult Development and Aging: Biopsychosocial Perspectives*, 6th Edition incorporates material that the authors, Susan Krauss Whitbourne and Stacey B. Whitbourne, believe is essential to students understanding this rapidly-developing and fascinating field of study. This text focuses on three key themes: a multidisciplinary approach, positive images of aging, and the newest and most relevant research. Much of what students will read comes directly from Susan's classroom teaching of the *Psychology of Aging* course; she continues to incorporate her day-to-day teaching of the course into the text, which keeps the material current, fresh, and engaging.

### **Adult Development and Aging**

The fourth edition continues to provide psychologists with a fresh and engaging approach to the field of psychology of adult development and aging. It focuses on three themes: a multidisciplinary approach, positive images of aging, and the

newest and most relevant research. Recent articles and updates to the information on demography, economics, and public policy are presented. The Aging in the News feature includes a story of a remarkable achievement by a middle-aged or older adult. The Assess Yourself boxes are also updated with new questions. Psychologists appreciate this mix of examples and discussions that make the material come to life.

## **Journey of Adulthood**

Based on: Nursing for wellness in older adults / Carol A. Miller. 7th ed. 2015.

## **Stages of Reading Development**

## **Adolescence and Emerging Adulthood**

## **Steampunk Adult Coloring Book**

#1 NEW YORK TIMES BESTSELLER • ONE OF ESSENCE'S 50 MOST IMPACTFUL BLACK BOOKS OF THE PAST 50 YEARS In this iconic memoir of his early days, Barack Obama “guides us straight to the intersection of the most serious questions of identity, class, and race” (The Washington Post Book World). “Quite extraordinary.”—Toni Morrison In this lyrical, unsentimental, and compelling memoir, the son of a black African father and a white American mother searches for a workable meaning to his life as a black American. It begins in New York, where Barack Obama learns that his father—a figure he knows more as a myth than as a man—has been killed in a car accident. This sudden death inspires an emotional odyssey—first to a small town in Kansas, from which he retraces the migration of his mother’s family to Hawaii, and then to Kenya, where he meets the African side of his family, confronts the bitter truth of his father’s life, and at last reconciles his divided inheritance. Praise for *Dreams from My Father* “Beautifully crafted . . . moving and candid . . . This book belongs on the shelf beside works like James McBride’s *The Color of Water* and Gregory Howard Williams’s *Life on the Color Line* as a tale of living astride America’s racial categories.”—Scott Turow “Provocative . . . Persuasively describes the phenomenon of belonging to two different worlds, and thus belonging to neither.”—The New York Times Book Review “Obama’s writing is incisive yet forgiving. This is a book worth savoring.”—Alex Kotlowitz, author of *There Are No Children Here* “One of the most powerful books of self-discovery I’ve ever read, all the more so for its illuminating insights into the problems not only of race, class, and color, but of culture and ethnicity. It is also beautifully written, skillfully layered, and paced like a good novel.”—Charlayne Hunter-Gault, author of *In My Place* “*Dreams from My Father* is an exquisite, sensitive study of this wonderful young author’s journey into adulthood, his search for community and his place in it, his quest for an understanding of his roots, and his discovery of the poetry of human life. Perceptive and wise, this book will tell you something about yourself whether you are black or white.”—Marian Wright Edelman

## **Miller's Nursing for Wellness in Older Adults**

Balanced coverage of the entire life span is just one thing that distinguishes HUMAN DEVELOPMENT: A LIFE-SPAN VIEW, Seventh Edition. With its comprehensive, succinct, and applied coverage, the text has proven its ability to capture students' interest while introducing them to the issues, forces, and outcomes that make us who we are. Robert V. Kail's expertise in childhood and adolescence, combined with John C. Cavanaugh's extensive research in gerontology, result in a book with a rich description of all life-span stages and important topics. A modified chronological approach traces development in sequential order from conception through late life, while also dedicating several chapters to key topical issues. This organization also allows the book to be relatively briefer than other texts, a benefit given the enormous amount of information covered in the course. The authors provide theoretical and empirical foundations that enable students to become educated, critical interpreters of developmental information. A blend of basic and applied research, as well as coverage of controversial topics and emergent trends, demonstrates connections between the laboratory and life. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

## **Lifespan Development**

Aging well and actively is the real objective of human being. This book is an up-to-date and realistic view on physiopathological mechanisms of aging and age-related diseases. The book includes topical contributions from multiple disciplines to support the fundamental goals of extending active life and enhancing its quality.

## **Discovering the Brain**

The goal of this volume is to examine development in middle age from the perspective of baby boomers -- a unique cohort in the United States defined as those individuals born from 1946 to 1962. This is the largest cohort ever to enter middle age in Western society, and they currently represent approximately one-third of the total U.S. population. The Baby Boomers Grow Up provides contemporary and comprehensive perspectives of development of the baby boomer cohort as they proceed through midlife. Baby boomers continue to exert a powerful impact on the media, fiction, movies, and even popular music, just as they were an imposing force in society from the time of their entry into youth. As these individuals enter the years normally considered to represent midlife, they are redefining how we as a society regard adults in their middle and later years. This volume features several unique aspects. First, the literature reviewed focuses specifically on research relevant to baby boomers and their development as adults, rather than a global perspective on middle age. Second, the volume takes into account the diversity within the boomer cohort, such as social class, race, and education. In addition, quantitative and qualitative developmental changes occurring from the forties to the fifties and the sixties are considered. Differences in leading and trailing edge boomers are likewise addressed. Ideal for researchers in adult development and graduate seminars on adult development, The Baby

Boomers Grow Up will also appeal to adult educators, human resource personnel, health professionals and service providers, and clinical psychologists and counselors.

## **Adult Development and Aging**

When a local context really makes the difference... The new edition of this original Australian text continues to offer the most balanced coverage of theory and research for Australian students and educators and appeals to students from many backgrounds. It covers the domains of development including neurological, cognitive, social, physical and personality. The text is organised chronologically by chapter. Within each chapter content is organised topically. This structure allows for a degree of flexibility and lecturers can choose the way they wish to approach the content, whether it is topically or chronologically.

## **Introduction to Aging**

This popular, topically organized, and thoroughly updated child and adolescent development text presents you with the best theories, research, and practical advice that developmentalists have to offer today. Authors David R. Shaffer and Katherine Kipp provide you with a current and comprehensive overview of child and adolescent development, written in clear, concise language that talks to you rather than at you. The authors also focus on application showing how theories and research apply to real-life settings. As a result, you will gain an understanding of developmental principles that will help you in your roles as parents, teachers, nurses, day-care workers, pediatricians, psychologists, or in any other capacity by which you may one day influence the lives of developing persons. Available with InfoTrac Student Collections <http://gocengage.com/infotrac>. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

## **Essentials of Human Development: A Life-Span View**

Parrots, palm trees, and tropical fish oh my! Do you need a vacation or time to call your own? Well, this adventure in coloring will sweep you away from all your cares and worries. The artists' drawings inside this wonderful coloring book are exquisite and will have your thoughts dancing on a beach or snorkeling in Caribbean blue waters. Let your senses be calmed, your anxieties be dashed and let your stresses fall by the wayside. Please relax and pull up a seat. Grab a cup of tea, lemonade or whatever your pleasure and open up your channels of creative joy.

## **Adult Development and Aging: Biopsychosocial Perspectives, 6th Edition**

The seventh edition of this classic text champions healthy aging by demonstrating how to prevent or manage disease and make large-scale improvements toward health and wellness in the older adult population. The text synthesizes state-of-the-art research findings—providing convincing evidence that health promotion truly works—with practical, effective strategies. Encompassing important research

results that supplant prior recommendations, this new edition provides updated best practices and strategies to ensure the active participation of older adults in all aspects of life. Completely reorganized for ease of use, this textbook features updated demographics and rankings for leading causes of death, new blood pressure screening guidelines and data on obesity and diabetes, updated exercise regimens, older-driver statistics and innovations such as the driverless car, cautions regarding ineffective brain-training programs, and more. Highly practical, the text includes health-promoting tools, resource lists, assessment tools, illustrations, checklists, and tables. Additionally, the book includes key terms and learning objectives at the start of each chapter, along with thought-provoking questions and reflection boxes. An Instructor's Manual and PowerPoint slides are available to facilitate teaching. New to the Seventh Edition: Provides updated blood pressure, cholesterol, Ductal Carcinoma In Situ (DCIS), and lung cancer screening guidelines Presents updates on exercise regimens ranging from yoga to the tango Expands and updates section on emotional regulation and conflict resolution skills with aging Discusses Boomer Entrepreneurism Provides new policy recommendations including student loan debt among older adults Expands gerotechnology and smart home innovations Updates on "Obamacare" and health care delivery recommendations Addresses "Buyer Beware" regarding brain-training programs Expands global aging and LGBT aging content

### **Later Life**

The brain There is no other part of the human anatomy that is so intriguing. How does it develop and function and why does it sometimes, tragically, degenerate? The answers are complex. In *Discovering the Brain*, science writer Sandra Ackerman cuts through the complexity to bring this vital topic to the public. The 1990s were declared the "Decade of the Brain" by former President Bush, and the neuroscience community responded with a host of new investigations and conferences. *Discovering the Brain* is based on the Institute of Medicine conference, *Decade of the Brain: Frontiers in Neuroscience and Brain Research*. *Discovering the Brain* is a "field guide" to the brain--an easy-to-read discussion of the brain's physical structure and where functions such as language and music appreciation lie. Ackerman examines How electrical and chemical signals are conveyed in the brain. The mechanisms by which we see, hear, think, and pay attention--and how a "gut feeling" actually originates in the brain. Learning and memory retention, including parallels to computer memory and what they might tell us about our own mental capacity. Development of the brain throughout the life span, with a look at the aging brain. Ackerman provides an enlightening chapter on the connection between the brain's physical condition and various mental disorders and notes what progress can realistically be made toward the prevention and treatment of stroke and other ailments. Finally, she explores the potential for major advances during the "Decade of the Brain," with a look at medical imaging techniques--what various technologies can and cannot tell us--and how the public and private sectors can contribute to continued advances in neuroscience. This highly readable volume will provide the public and policymakers--and many scientists as well--with a helpful guide to understanding the many discoveries that are sure to be announced throughout the "Decade of the Brain."

## **Adult Development and Aging**

Handbook of the Psychology of Aging, Third Edition describes the psychology of adult development and aging. This book is organized into four parts encompassing 28 chapters that cover the basic behavioral changes and capacities occurring with advancing age. The first part deals with the history, concept, and models of the psychology of aging. This part also examines the distinctions between physical, biological, psychological, and social time or age. The second part explores the influences of racial, ethnic, and cultural factors on biological/health, social, and psychological aging processes. This part also surveys gender differences in aging. The third part describes numerous behavioral processes, changes, and patterns in advancing age. This part specifically considers the motivation, cognitive and motor performance, attentional processes, learning, memory, personality, and wisdom in aging. The fourth part focuses on the applications of the concepts and principles of aging to the individual and society. This book will be of great value to psychologists, researchers, and graduate students.

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